

Jan-Feb 2023 ISSUE	Page
Pheasant Chick Program	Cover
4-H Market Turkey Project	2
4-H Winter Break Sewing Camp	2
4-H Market Broilers Project	2-3
MVG Plant Sale	3
Tractor Safety Program	3
2023 Guernsey Calf Scholarship	3
2023 Guernsey Leadership	3
Henry Thomas Calf Scholarship	4
4-H Dairy Rodeo	4
4-H Capital Days	4
Happy Birthday	4
Secretary Reports	4-6
Miss Kitty's Egg Salad Sensation	6
Braided Squash Bread	6
February & March Calendars	7
Secretary Reports Summary	8

Published by:

**Cornell Cooperative Extension
of Cortland County, 60 Central Avenue,
Room 140, Cortland, NY 13045**

4-H Program Committee:

Joan Ann Lehman (Tink)

Yvonne Moore

Matt Sharpe

Joel Riehlman

Martha Bush

Mary Mackey

CCE Phone: 607-391-2660

Fax: 607-391-2680

Website:

<http://cortland.cce.cornell.edu>

CCE Staff:

David Rutherford	Executive Director dcr25@cornell.edu
(vacant)	Agriculture Educ.
Rebecca Ireland-Perry	4-H Resource Educ. rli3@cornell.edu
(vacant)	Horticulture Educ. cwh7@cornell.edu
Jackie Hartnett	Admin. Assist/Horse jdh28@cornell.edu

4-H Pledge:

**I pledge my Head to clearer thinking
my Heart to greater loyalty
my Hands to larger service and
my Health to better living
For my club, my community, my country,
and my world.**



January-February 2023

**The NYS Dept. of Environmental Conservation
has been distributing pheasant chicks
to the public through the
Day Old Pheasant Chick Program
for over 100 years!**

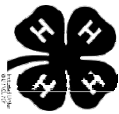


- The day-old chick program is a great way for youth to get involved with wildlife and the outdoors, while learning the responsibility that comes with raising animals.
- Wildlife habitat improvement projects can also be integrated into the raise and release program.
- Resources are available for leaders and participants to familiarize themselves with techniques and necessary equipment needed to raise pheasants.
- A complete rearing guide can be downloaded from their website.
- https://www.dec.ny.gov/docs/wildlife_pdf/dayoldchicks.pdf.
- An informational video is also available by request from the game farm and may be available to view through our website soon.
- It is important to remember that this program is a free service to qualified peoples of New York and no fee may be charged for providing pheasant chicks. Also, program reach through Cornell Cooperative Extension offices is intended for 4H members.

Pheasant chick requests should be submitted contact Jackie at jdh28@cornell.edu no later than **March 25, 2023**, to reserve your pheasant order!

All chicks are hatched at the Reynolds Game Farm and will be distributed to county offices by DEC game farm staff, unless otherwise stated. DEC would like to thank you for making the program such a great success and for helping to incorporate pheasants into the lives of so many youths across the state.

THE 4-H MONTHLY NEWSLETTER FOR CORTLAND COUNTY

clover  **dispatch**

**4-H MARKET TURKEY
PROJECT ORDER DEADLINE
JANUARY 24TH**



It is time to start thinking about fair! Please let us know the youth(s) name(s) and how many birds you would like to order.

THE MINIMUM NUMBER OF TURKEYS TO ORDER IS 6 PER YOUTH.

- If you have 2 siblings wanting to do the project, you can get 8.
- If you want extras for yourself, that is fine as well!
- We just need an intent to order and raise, once we have total number ordered so that we will calculate the cost per bird.

Cortland County 4-H members (***Cloverbuds are not eligible***) can raise market turkeys to be consigned be sold. Basic requirements are clean, dry housing that will protect the birds from predators, cold, wet, or hot sun; a brooder or heat lamp(s) to warm the chicks; feeding and watering equipment; and appropriate turkey feed.

There is a class in the Cortland Co. 4-H Poultry Division in the fairbook for Market Turkeys. 4-H members will be allowed to exhibit and sell 1 market turkey. 4-H members with market turkeys are required to participate in showmanship, and to follow all rules and regulations governing poultry in the fair book. Animals cannot be entered in both market and breeding classes (additional turkeys raised may be shown in breeding classes).

4-H members **must complete and handed in a Market Turkey Project Record.** 4-H members interested in exhibiting and consigning market turkeys must place their order through CCE. Cortland Co. 4-H Market Animal Sale to be held on Friday, July 7th at 6:00 p.m. during the Cortland Jr. Fair.

**4-H WINTER BREAK
SEWING CAMP
FEBRUARY 21-24, 2023**

February 21-24, 2023 9 a.m.-12 p.m. each day at the 4-H Office. A four-day session for sewing enthusiasts is available for 4-H members ages 9 and up. Learn how to sew, how to operate a sewing machine, plan a project and follow patterns. Machine sewing projects may include a ribbon pillow, quilted table runner, and a portable tic-tac-toe game. Great fun for boys and girls!

We will be learning to sew both by hand and on machines. During each day of this camp, we will be learning new sewing skills and working on new projects. We will be measuring fabric, cutting with rotary cutters, and learning to put in zippers. If you have your own sewing machine you would like to learn how to use, you are welcome to bring it. Spaces are limited for this class, so be sure to sign up early!

Registration link:

https://reg.cce.cornell.edu/ccecortlandsewingcamp23_211

Registration deadline: February 10, 2023 -

Cost: \$25. All materials will be provided. To secure your spot, payment must be received by February 15, 2023. **A limited number of scholarships are available.**
<https://cortland.cce.cornell.edu/resources/2023-sewing-camp-scholarship-application>

**4-H MARKET BIRD PROJECT
ORDER DEADLINE MARCH
3RD**



**READY TO ORDER YOUR
BROILERS?**

Broilers are meat-type chickens that are raised for 6 to 8 weeks to a weight of 4 to 5 pounds. Basic requirements are clean, dry

housing that will protect the birds from predators, cold, wet, or hot sun; a brooder or heat lamp(s) to warm the chicks; feeding and watering equipment; 20-24% protein feed.

4-H members will be allowed to exhibit and sell 3 three market broilers at the fair (*Cloverbuds are not eligible*). 4-H members with market chickens are required to participate in poultry showmanship, and to follow all rules and regulations governing poultry in the fair book. Animals cannot be entered in both market and breeding classes. 4-H members must complete a Market Chicken Project Record.

4-H members interested in exhibiting and consigning their market chickens must notify and place their order through the 4-H office (a min. of 6 chickens). Cortland County 4-H Market Animal Sale to be held on Friday, July 7th at 6:00 p.m. at the Cortland County Fairgrounds during the Cortland Jr. Fair. The 4-H office will be placing all orders on March 3rd (& birds can be picked up in May) a link will be provided in a separate email blast to place your order form may be found here: https://reg.cce.cornell.edu/marketbroilers2023_211

**MASTER GARDENER
4-H PLANT SALE 2023**



Attention 4-H members, friends, family, and all gardeners! Plan now for your summer garden, Junior Fair entries and community service projects! We urge you to take advantage of this opportunity to grow old standards as well as more unusual plant varieties. Plants are grown and supplied by Jacquie Closson's a New Leaf Greenhouse. **A separate email with the plant descriptions and order form will be sent shortly. Place orders by March 3rd with the 4-H office.**

Plant orders to be pick up in May at the Fairgrounds. A notice will be sent as a reminder. **Mark your calendars now!!!!!!**

**TRACTOR SAFETY PROGRAM
March 16-May 11th**



The 4-H Office is planning 2023 Tractor Safety Course to Youth who are 14 years of age are required to have their safety certificate before being employed to work on farms. Due to safety concerns, this course may be online instruction via Zoom classes, etc. This course is only held once a year and youth 14/older are encouraged to attend. A fee of \$40.00 per enrolled 4-H member and \$50 for non-enrolled 4-H member. This fee will cover cost of materials used in the course. **Enrollment is limited to 20 participants**, and they are required to attend all (9) of the training sessions. https://reg.cce.cornell.edu/youthtractorsafey2023_211

**2023 NYS GUERNSEY CALF
SCHOLARSHIP**

Applicant must be age 9-15 as of January 1st of application year. You do not have to belong to 4-H, FFA, or a breed club to participate. The Scholarship application is due March 15th please contact by email Seth and Amber Ripley for an application. seth.ripley@gmail.com

**NYS GUERNSEY ACHIEVEMENT
LEADERSHIP SCHOLARSHIP**

Any youth ages 8 to 21 who exemplifies achievement in scholarship, leadership service and is an active member of the NY Guernsey Association. The application is due March 15th please email Alison Widrick. littlewidrick@twcnny.rx.com

**HENRY THOMAS CALF
SCHOLARSHIP**

The Cortland County Holstein club offers a "Purebred" Holstein calf each year in memory of Mr. Henry Thomas. To be eligible to be an applicant, you must meet the following criteria.

1. Age Limit: 11-15 years of age as of January 1, of the current year.
2. You have adequate housing facilities to raise a calf.
3. You must be a Cortland County 4-H member, or a Junior Holstein Club member, or willing to join the Junior Holstein Association.
4. Periodic farm visits to view of the calf are welcomed.
5. You must be willing to show the calf at our This is an excellent dairy animal to use in your 4-H project. The calf will be awarded at the Cortland Co. Spring Holstein Banquet.

<http://cortland.cce.cornell.edu/resources/henry-thomas-calf-scholarship>

**SAVE THE DATE!!!!
4-H DAIRY RODEO!!!
Saturday, May 13th
More details coming soon.**

**4-H CAPITAL DAYS
April 16-18, 2023**

4-H Capital Days is a NYSACCE4-HE sponsored event that gives youth ages 15 and up an opportunity to travel to our state capital in Albany, meet and interact with legislators, and tell their 4-H story. 4-H Capital Days creates awareness of career opportunities in New York State government, a better understanding of state government, and a chance to network with delegates from other counties. If you have an interest in attending 4-H Capital Days, contact Becky at rli3@cornell.edu or call 607-391-2660. Cost is covered by the 4-H program.



AROUND THE COUNTY



January – Savannah Compton, Nathaniel Crispell, Camryn Crothers, Weston Finch, Josephine Goings, Liam Lang, Jebadiah Loomis, Jenna Loomis, Sebastian McCracken, Khloe McGrath, Blythe McIntyre, Holden Mills, Reese Mills, Daniel Ortlieb, Martin Petri, Rhett Petri, Natalie Phillips, Anderson Ramirez, Samuel Ripley, Blake Sherman, Ariana Sherman, Adelina Viglietta, MacKenzie Zakarewicz and Jillian Zigenfus

February – Fabrizia Barden, Leah Bottle, Sebastien Frisson, Delaney Howe, William Mathy, Isabella Petrella, Keziah Ripley, Brooklee VanPatten and Morgan Wright.



**SECRETARY REPORTS
November Secretary of the Month
Cincy Country Kids 4-H Club**

Cincy Country Kids – (Brooks Closson) club members met on Nov. 13th for a business meeting, flag pledges and treasurer report. They made \$400.00 at their food/bake sale at Dawson's sale after expenses with their treasurer report of \$587.05 currently. They talked about their Haunted Hayride was a big success over 300 attended. New election of officers: Pres. Ruby Metcalf, V-Pres. Olivia Zakarewicz, Secretary Brooks Closson, Treasurer MacKenzie Zakarewicz and Snacks Jackson Southern. Plans for December – setting up a Christmas Tree for the Festival of Trees, decorate Community Tree at Heritage Hall and they plan to singing Jingle Bells, while older kids handout programs for the

Christmas program. Their November project choices were either making a wine bottle turkey craft or wreath making and ornaments with Jacquie Closson for the Community tree.

Dairy Dreamers – (Madison Head) the club had a farm tour on Nov 11 at Pine Hollow Farm, learning about the rotary milking parlor, calf care, nutrition and cow comfort. Thank you to the Monnat and Evanick families for Hosting them. Six members are meeting for their sewing project in November. On Nov 28th, they made some batches of decorated cookies, the Homer Police and 4 county sheriffs stopped in to sample their cookies. Planning on making pillows, Next meeting is Dec. 12th.

Eastern Valley – (Hannah Wilbur) club members met on Nov 20th for old business about making apple cider and going to Harrisburg which we are interested in doing again. Elected officers: Pres Sophia Wilbur, V-Pres Savannah Compton, Sec. Hannah Wilbur and Treasurer Reagan Flanagan, Activity Directors Abby and Matt. They are planning a winter activity and making donations to CCE and fairboard approved by carried motion by club members. Next meeting is Jan 8th – plans for white elephant exchange and dinner.

Marathon Maple Sugars - they did not have a meeting; but members participated in the 4-H fundraiser. Merry Christmas to everyone!

R Own Saddle Club –Nov. 10th meeting was canceled at the last minute due to conflicts with schedules. Next Meeting is set for December 1st.

Super Seekers – (Alida Phelps) the club met on Nov 11th at the Redeemer Church to processed 2 bushels of apples making applesauce for their service project they made 26 quarts in total. They also had a Craft Day, Macramé day and participated in the Cake decorating classes.

Wind Swept Maple – the club met on Nov. 12th each member brought a dish to pass, that they made themselves from scratch, and the members and families shared a communal meal. Business meeting brought to order by

Emily, recited flag pledges and treasurer report. Harmony announced that the club raised \$1,036.75 at the 4-H fundraiser so far and \$66.00 from their can drive. They will be participating in the Moravia Christmas event; Next meeting is Dec. 2nd with plans to package and price up items for the fundraiser at 6pm. Their Dec meeting they will bring a breakfast dish to share.

4-H Teen Council – (Nadia Phelps) the club met on Nov. 7th; members will be participating with the “Pen Friend” program (A pen-friend is someone you write friendly letters to and receive letters from) with Seniors at the Cortland Co. Office of the Aging. Planning Achievement Night program location and date. Talked about Secret Santa, decorate cookies, and a gingerbread house competition.



SECRETARY REPORTS

December Secretary of the Month Super Seekers 4-H Club

Super Seekers – (Alida Phelps) the club met on Dec. 1 & 2nd at TSC for their annual bake sale making \$603 at the bake sale and received donations of \$746.12 and their current treasurer report their balance is \$2599.22. Plans for some members to finish their cake decorating class on Dec. 20th. Nadia, Ivy, Gwyn will be starting in January Hippology practices at the 4-H office.

Cincy Country Kids – (Brooks Closson) the club did not have a club meeting for December; due to community events happening. They sang at the local community Christmas celebration as a community service and set up the 4-H tree for the festival of trees.

Dairy Dreamers – (Madison Head) the club met on Dec. 12th with a business meeting and plan to start planning for Public Presentations next month with members. They also made throw pillows for their project for December. Next meeting Jan 9th.

Marathon Maple Sugars – club members donated 10-dozen Christmas cookies and 6 dozen ornaments that they made to the Marathon Village Christmas baskets this year.

R Own Saddle Club – met on Dec. 1st with a short business meeting; and they made Christmas projects that members will be gifting to others. Hippology starts in January.

Wind Swept Maples – the 4-H meeting for Dec. 2nd was canceled today due to illness throughout the club members. They will skip December meeting due to the holidays and member family events. They will continue back up in January 2023. Merry Christmas & Happy New Year from Wind Swept Maples.

4-H Teen Council – (Nadia Phelps) the club met on Dec. 5th went over old business and the pen friend project; looking to the January meeting they would like to go to the waterpark at Greek Peak.

MISS KITTY'S EGG SALAD SENSATION

Makes 4-servings by: Eva Farley, South Dakota

Ingredients:

8 large eggs
½ teaspoon dried dill
1 cup Greek yogurt
¼ teaspoon sea salt



1 teaspoon brown mustard
¼ teaspoon freshly ground black pepper
4 whole-wheat buns
(Use Greek Yogurt instead of mayo & sour cream)

Preparation:

1. Fill a saucepot with water and add the eggs. Cook over high heat until the water boils. Remove the pot from the heat and let the eggs sit in the water for 10 minutes. Drain the eggs and place them in a bowl of cool water, peel shells off the eggs.

2. In a large bowl, combine the eggs, yogurt, mustard, dill, salt and pepper. Gently mash and stir until well combined. Place ½ cup egg salad on the bottom of each whole-wheat

bun, top with the other half of the bun, and serve.



BRAIDED SQUASH BREAD



Ingredients

1-2 medium yellow squash cut into 1" chunks
1/3 cup whole milk
1/4 cup butter softened
1 large egg
3 tablespoons brown sugar
1/4 teaspoon salt
1 tablespoon [instant yeast](#)
3-3 1/2 cups all-purpose flour
1 large egg
1 tablespoon water

Instructions:

In a small saucepan, cook squash in water until tender. Drain and mash. Should make 1 cup.

In large mixing bowl, combine cooked squash, milk, butter, egg, brown sugar, and salt. Mix well.

Add yeast and 1-1/2 cups flour. Mix well. Add remaining flour until it makes a soft dough. Turn out onto a floured surface and knead until smooth and elastic, about 6-8 minutes. Place in greased bowl and allow to rise until double, about 1 hour.

Punch down dough. Divide into thirds. Roll each into an 18" rope. Place all three on a baking sheet lined with parchment paper or a silicone baking mat. Braid ropes together and pinch ends, folding ends under to seal. Cover and let rise until doubled, about 30-40 minutes.

In a small bowl whisk together egg and water to make egg wash. Brush over braid. Bake in preheated 350 degree oven for 20-25 minutes until golden brown. Cool on wire rack. Makes 1 loaf.

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			01	02 Hippology 6:30pm	03	04 FFA Contests Tully School
05	06 Teen Council Meeting	07	08	09 Hippology 6:30pm Cake Decorating 6-7:30PM Masonic	10	11
12	13	14	15	16 Hippology 6:30pm	17	18
19	20 Holiday Office Closed	21 Sewing Camp 9-12	22 Sewing Camp 9-12	23 NY Farm Show – State Fairgrounds Sewing Camp 9-12 Hippology 6:30pm	24 NY Farm Show – State Fairgrounds Sewing Camp 9-12	25 NY Farm Show – State Fairgrounds
26	27	28 CCE Board of Directors 6:30PM				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			01	02 Hippology 6:30pm	03 Plant Orders Due to 4-H Office	04 Horse Bowl & Hippology Contest Chenango Forks
05	06 Teen Council Meeting	07	08	09 Cake Decorating Class 6-7:30PM Masonic	10	11 Dairy Quiz Bowl Oxford School
12	13	14	15	16 Tractor Safety course	17	18
19	20	21	22 COUNTY PUBLIC PRESENTATION	23 Tractor Safety course	24 24 & 25 th Dairy Discovery	25 COUNTY PUBLIC PRESENTATION
26	27	28 CCE Board of Directors 6:30PM	29	30 Tractor Safety course	31 Spring Carousel 3/31-4/02	

**CORNELL COOPERATIVE EXTENSION
OF CORTLAND COUNTY
60 CENTRAL AVENUE, ROOM 140
CORTLAND, NY 13045**

TO THE 4-H FAMILY:

2022-2023 SECRETARY REPORTS													
☺ - Secretary of the Month - ☹ - Secretary Reports Received (on/before the 7 th Due Date) - ✓ - Secretary Reports Received (after the 7 th Due Date) ♦ - New club (not active)													
NAME OF 4-H CLUB	SECRETARY	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT
Cincy Country Kids	Brooks Closson	☹	☺	✓									
County Cackleberries													
Dairy Dreamers	Madison Head	☹	✓	✓									
Eastern Valley	Hannah Wilbur		✓										
Friendly Acres													
Marathon Maple Sugars			✓	✓									
R Own 4-H Horse Club		☹	✓	✓									
4-H Teen Council	Nadia Phelps	✓	✓	✓									
4-H Shooting Sports Archery Club													
Super Seekers	Alida Phelps Zahara Petrella	☺	✓	☹									
Windswept Maple Club		☹	✓	✓									

Phone : 607-391-2660/Fax# 607-391-2680

Email: cortland@cornell.edu

Website: cortland.cce.cornell.edu

Cornell Cooperative extension is an employer and educator recognized for valuing AA/EEO. Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.