# Counselor in Training Program

Older campers and those who showed signs of leadership were placed in the Camp Owahta Counselor in Training (CIT) program. Each CIT poured all of their love for camp into programming, caring for other campers, and sharing camp knowledge throughout the summer. 4-H Camp Owahta and Cortland County 4H program can't thank them enough for their service to this camp that clearly means so much to them. We look forward to seeing these stellar teens on staff in the coming vears!





# OWAHTA LOTTA NEWS

WEEK 5: MAGIC

Campers helped save Fluff Butt, the camp rabbit, after a magic trick gone horribly, horribly wrong. They spent the morning studying disappearing acts such as sneaking through the sprinklers during waterfront, making origami cranes to fly out of a magic hat in arts and crafts and playing camouflage in nature. In the afternoon they performed their own magic tricks with their crews before finally discovering that a magician had stolen Fluff Butt at the beginning of the day to sabotage any attempt at magic!





#### Junior Iron Chef

35 campers competed in 7 groups of 5 in 4-H Camp Owahta's first ever Junior Iron Chef competition. Each team was given one identical bag of ingredients as the other tables and one mystery food that all needed to be incorporated into their dishes. The judges were absolutely blown away by the drive, creativity, and teamwork shown throughout the competition. On top of that each dish was outstanding. Campers made foods such as Israeli salad, a peach jam made from scratch, homemade chips, various wraps and burritos, as well as guacamole. Contestants wrapped up the competition by sharing recipes and describing why their dish helps keep our minds and bodies healthy.

### **Boat Tipping**

During campers 5<sup>th</sup> period free choice many chose to participate in boat tipping. They were able to spend an hour each day practicing rescuing someone in the event of the boat tipping away from the shoreline. First you ask the stranded paddlers to move to the tail end of the boat and push the bow against the rescuers boat creating a "T" shape. Then the rescuers lift the tipped kayak over their own to dump the water. Finally the rescuers help the stranded paddlers, one at a time, to re-enter their boats!







## Natural Sculptures

Campers got to put all they have learned about the tools to use this week in nature. They were able to work solo or in groups up to 3 campers to create natural sculptures located in one of our various nature trails. They were given the opportunity to use tools such as saws, hammers, and drills. Campers who had been attending camp throughout the summer were excited to share their newfound skills with new friends. They helped with safety tips, useful hints, and locations of good wood to use in creating the sculptures.