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**4-H Pledge:**

***I pledge my Head to clearer thinking  
my Heart to greater loyalty  
my Hands to larger service  
and my Health to better living  
For my club, my community, my country,  
and my world.***



Join in with organizations and volunteers from around the world cleaning up communities, park lands, and highways in Cortland County. You also can get involved in conservation programs, cleaning trash along highways and waterways.

## **NEW YORK ARBOR DAY APRIL 26, 2019**



The first Arbor Day was celebrated in Nebraska on April 10, 1872, thanks to a resolution proposed by Nebraska City, Nebraska resident J. Sterling Morton. Morton, a civic leader, agriculturist, and former newspaper editor, urged Nebraskans to “set aside one day to plant trees, both forest and fruit.” The tree-planting holiday was so popular that by 1920 more than 45 states and U.S. territories annually celebrated Arbor Day. Today it is observed in all 50 states and in many countries around the world.

This is a perfect time to remind you of the benefits of trees:

- Trees clean our air by absorbing common air pollutants.
- Trees improve water quality by reducing rain water runoff and erosion.
- Trees provide shade that protects us from the sun’s UV rays.
- Trees provide important habitat for birds and other wildlife.
- Tree rings provide information about historical climate that is not available from scientific records.

New York’s state tree is the **Sugar Maple**, a tree known for producing syrup. Learn about other tree species and get practical advice on which trees to plant in New York’s temperature zone by checking out the Arbor Day Foundation’s Hardiness Zone Map at [arborday.org](http://arborday.org).

**FAIRBOOK COVER DESIGN  
CONTEST 2019  
DEADLINE APRIL 15<sup>TH</sup>**



This is another opportunity for 4-H members to do their best work and support the fair.

1. Artwork for the drawing must be 8 ½" x 11" sheet of paper.
2. Drawings must be done in black felt tip pen erase all pencil lines used to set up the design.
3. **Please include in the design:**

**66TH ANNUAL CORTLAND COUNTY  
JUNIOR FAIR  
JULY 9-13<sup>TH</sup>, 2019  
SPONSORED BY:**

**CORNELL COOPERATIVE EXTENSION OF  
CORTLAND COUNTY AND CORTLAND  
COUNTY AGRICULTURAL CORPORATION**

4. Final submission is: **April 15, 2019. Suggestions:** In your artwork, be sure to include some of the attractions and exhibits that draw our general public to our fair.
5. **Print on the back of the drawing** sheet with **your name, age and 4-H club** you are a member of.
6. All drawings will be used to promote the Fair. The winner of the contest will receive \$10.00 award from the Fairboard committee.

**NATIONAL VOLUNTEER WEEK  
APRIL 7-15, 2019**

In 1974 President Richard Nixon signed an executive order a week noted in April as an annual "*Celebration of Volunteering*". Since then, every U.S. President has signed a proclamation promoting *National Volunteer week* to recognize and celebrate the efforts of volunteers at the local, state, and national levels. With this special week at hand, there is not a better time to thank the 4-H volunteers who are the backbone of the 4-H Program in our county. 4-H Leaders, parents, evaluators, coaches, program committee members and the other volunteers who support the 4-H program make the difference in so many people's lives. Volunteers are valuable to our Extension's programs making our youth competent, confident and caring. *We thank you all so very much!*

**BREAD OF THE  
MONTH WORKSHOP**

- *Do you love the smell of fresh baked bread?*
- *Would you like to learn how to make your own bread?*

The next Bread of the Month workshop is learning how to make yeast bread. You'll leave the workshop with recipes, the knowledge to re-create them at home, the baked goods you made in class, and great ideas for fair entries!

The cost is \$5.00 per youth for this workshop, class is limited to ages 8 and up. Location is Cortlandville Masonic Lodge, 1883 Rt. 13, Cortland, NY.

**To register: YEAST BREAD**

<https://reg.cce.cornell.edu/ccecortlandbom18-19-2> 211.

**Registration deadline April 4<sup>th</sup>.**

**FUTURE BREAD OF THE  
MONTH WORKSHOPS:**

**MAY 16<sup>TH</sup> WORKSHOP  
ROLLS**

<https://reg.cce.cornell.edu/ccecortlandbom18-19-2-2> 211

**Registration deadline May 9<sup>th</sup>.**

**JUNE 13<sup>TH</sup> WORKSHOP  
SHAPED BREAD**

<https://reg.cce.cornell.edu/ccecortlandbom18-19-2-2-2> 211

**Registration deadline June 6<sup>th</sup>.**

**HERITAGE GARDEN MEETING,  
APRIL 9<sup>TH</sup> - 6:30 P.M.  
AT THE 4-H OFFICE**

***Eat Some Flowers - Edible Flowers in the  
Heritage Garden = Gourmet Chef***

- Do you know what flowers you can eat?
- Learn this year as we grow and eat edible flowers.
- Learn what parts are the good parts to eat and how to use them in preparing food.
- We will have seeds for you to take home and grow, and then you can prepare entries for fair from this project.

Projects for fair can be cut flowers, container grown plants, a photo story, a science experiment of seed germination and planting, or an art sculpture, painting or drawing, or a food item made with the edible flowers.

Details about the project and the fair entries will be provided at the meeting.

Participants in the Heritage Garden project are also responsible for helping to prepare and plant the Heritage Garden at the fairgrounds.

**\*\*\*Always, always research and know the flower you are eating as some could make you sick.\*\*\***

Registration link:

[https://reg.cce.cornell.edu/HeritageGarden19\\_211](https://reg.cce.cornell.edu/HeritageGarden19_211)

## MANDATORY MARKET ANIMAL INFORMATIONAL WORKSHOP

APRIL 23, 2019, 7:00 P.M.

or

MAY 1, 2019, 7:00 P.M.

4-H Office, 60 Central Ave, Room 140  
Cost: \$3/youth for training

All youth that are planning on having a market animal at the Cortland Jr Fair this year must attend one session of this workshop to have consideration to market their animal in the fair auction. All participants will go through Youth for the Quality Care of Animals (YQCA) training, learn how to fill out your project records, how to find and contact your buyers for the sale.

YQCA training is becoming an important component for youth involved in food animal exhibitions, which by definition, these youths are food animal producers. This same youth with knowledge and experience are critical to the success of producing safe and wholesome food products for consumers. This age-appropriate (8-21) program is being offered nationally to ensure youth producers have a foundation of knowledge to provide a higher level of food safety to consumers. Some national animal show entries will begin requiring proof of YQCA certification, and may soon be required for county and state fair.

Register online at:

[https://reg.cce.cornell.edu/marketanimal2019\\_211](https://reg.cce.cornell.edu/marketanimal2019_211) , or call 391-2660.

Registration Deadline April 17<sup>th</sup>.



## ANIMAL CRACKERS SATURDAY, MAY 4, 2019

HORSE FEATHERS – WE ALL  
FLOCK TOGETHER  
SATURDAY, MAY 4<sup>TH</sup>



Hands-on  
Workshops  
Horse & Poultry



Each year an opening presentation kicks off the event with a welcoming statement or remarks related to the annual theme. Livestock production themes are usually offered in even years and Horse programs are rotated in odd years. A noon-time demonstration and closing program is also typically featured. **Participants must bring their own lunch and drinks.** The closest place to purchase food is a 5-minute drive from campus.

**Registration:** Participants must register with the 4-H office, we have provided a link to register at the end of this article. **Cost:** \$15 per youth participant. No fee for chaperones. You will also need to fill out **photo release form and medical form** from the 4-H forms on the website link provided at the end of this article.

### Animal Crackers Schedule

9:00 – 9:30am: Registration Morrison Hall Lobby  
9:30 – 9:45am: Welcome Sarah Bagley, Yates Co  
4-H Alumni in Morrison Hall  
Auditorium Room 146

### SEPARATE INTO SPECIES GROUPS:

🌈 Poultry Workshops – Morrison Hall  
🌈 Horse Workshops – Livestock Pavilion

9:55 – 10:25am: Work Shop 1  
10:30 – 11:00am: Work Shop 2  
11:05 – 11:35am: Work Shop 3  
11:45 – 12:45pm: Lunch break  
*Bring your lunch to the Livestock Pavilion for Stick horse and Egg/Spoon Race is happening!*  
12:55 – 1:25pm: Workshop 4  
1:30 – 2:00pm: Workshop 5  
2:05 – 2:35pm: Workshop 6  
2:40 – 3:10pm: Closing Program/Evaluation

Closing – Dr. Jeff Perry, PhD, Sr. Lecturer, Development Sociology, CALS and undergraduate students – In the Auditorium of Morrison Hall (Room 146). 🌸

## HORSE STATIONS:

### **Heads Up! Helmet Safety and Concussion Awareness -**

*Instructed by Dru Malavase* - We all know to wear **helmets and proper equine footwear**, but this workshop will present information about the why. NYS law tells us to wear a helmet when mounted on a horse if you are under age 18. Regardless of your age, your head is your most valuable body part and it needs protection. Learn to select and fit a helmet, explore styles and other safety research available on concussion **protocols**. Protocols are standard procedures in 4-H to keep you safe.

### **Donkeys are Different!** *Instructed by Erin Goodrich, DVM*

- Donkeys and mules are just a few of the equines that you can also “lease” and show in the NYS 4-H program, even if you already own and show another equine. Learn about physical features and behaviors that make donkeys unique in the **Equidae** family. Why do they **bray**? Are they naturally stubborn? What uses do donkeys serve around the world? Learn more about these fascinating and fun creatures from a Cornell donkey expert.

### **Neighing and Weighing: Equine Body Weight.** *Instructed by Katielynn Evans*

- Too fat, too thin, or just right? Learn how to study a horse and learn more about basic feeding management tips to keep your horse in good condition. Learn more about body condition scoring methods and walk away with new skills and weight tapes you can use at home to practice and implement body work knowledge.

### **Hammers and Clinchers: Farrier Tools 101.** *Instructed by Kav Young*

- What do these tools have in common? They help keep horse hooves in good shape. Trimming and balancing of horses’ hooves and placing shoes on their hooves is the job of an experienced professional. Learn more from an experienced 4-Her who knows his way around these tools. Learn how to identify some common and unusual tools to help maintain a healthy horse.

### **All Knotted Up!** *Instructed by Tammi Jo Swearingen and Sarah Bagley*

- Do you know the difference between a **slip knot** and a **square knot**? Do you know how to tie a quick-release knot? Learn some new tricks and useful take home skills of haltering and knot tying with an experienced rodeo roper and practical horse woman.

### **Why is my horse itchy?** *Instructed by Julia Miller, DVM*

- Did you know that animals need dermatologists too sometimes? Have you ever seen a horse with rain rot, scratches, hives, or just itchiness? In this workshop you’ll learn about why the skin is such an important barrier that protects horses from the outside world, what can harm that barrier, and what you can do to keep it safe.



## POULTRY STATIONS:

**Birds of a Feather... Wait! What about body type, comb, etc....** – Meat, Eggs, Fancy and more! Every breed has a unique look and purpose. In this track, we will be learning the different purposes for raising poultry and what breeds fall into each of those purposes. A few of our feathered friends will be joining us to help instruct!

**Chicken Anatomy: We’re going in!** How does a chicken digest it’s food? How does it lay an egg almost every day? In this workshop, we will take an exciting look inside a chicken to learn about the digestive and reproductive systems that make them the amazing creatures they are! You will learn how chickens, which don’t have teeth like us, grind down their food. You will also learn how the reproductive system is like a factory assembly line, almost always at work to deliver you that next fresh egg! Time to put on your surgery gloves, because we’re going in!

**Chicken Food: Feeling Peckish?** Have you ever wondered what’s in chicken food? What do chickens eat for snacks and treats? How can we feed them so that they stay happy and healthy? This workshop will explore the chicken diet, what types of nutrients are necessary, and how these requirements change throughout the layer hen’s life. To apply our new knowledge of balanced diets, we will also be measuring out and creating our own nutritious snack mix (but one meant for humans of course!). Let’s make some egg-cellent diets.

**Coop Costs and other expenses** Join an American Poultry Association Judge Apprentice and an experienced teen leader as they share from experience what’s needed to raise birds and the costs of keeping birds safe and healthy from chick to chicken.

**Biosecurity for Small Flocks** -Join our NY avian veterinary specialist and learn about biosecurity, the first line of defense for preventing diseases from entering your farm and spreading among your flock. Dr. Jagne will discuss the necessary measures and practices you need to put in place to protect your flock.

**Let’s Get Crackin’**– Want to learn more about 4-H poultry knowledge and skills competitions and other food prep possibilities in 4-H? Interested in learning more about the world of poultry? Join us for some friendly competitions and an opportunity to act as a *foodie* judge. It is sure to be an egg-citing experience.



### ***Hands-on Workshops Horse & Poultry***



If you are interested in participating, you will use the registration link for our office to register. **Deadline is Apr 15th!**

[https://reg.cce.cornell.edu/AnimalCrackers2019\\_211](https://reg.cce.cornell.edu/AnimalCrackers2019_211)

**NYS 4-H FORESTRY WEEKEND  
MAY 3-5, 2019  
4-H CAMP SHANKITUNK**

Join youth from across the state for a weekend of forestry activities, games, and competition. This three-day event is for youth aged 10 and up (as well as staff and volunteers) interested in learning more about forests, and to select the NYS team that will go to the **2019 National 4-H Forestry Invitational (must be 14-19 for the national event)**.

**The Forestry weekend activities include:**

- Tree ID
- Tree measurements
- Compass usage
- Map reading
- Insects & diseases
- Geocaching
- Nature games
- Night hikes and more....

Cost is \$43 per person, includes food, materials and cabin lodging (a \$95 value!) **Space is limited, so register now!** For questions contact Andrew Randazzo at 518-318-1180 or email: [adry73@cornell.edu](mailto:adry73@cornell.edu) – Mr. Randazzo is also looking for volunteers for the weekend events. Deadline to register is April 15<sup>th</sup>.

[https://pub.cce.cornell.edu/event\\_registration/main/events\\_landing.cfm?event=Forestryweekend2019\\_210](https://pub.cce.cornell.edu/event_registration/main/events_landing.cfm?event=Forestryweekend2019_210)

**DAIRY RODEO  
CORTLAND FAIRGROUNDS  
SATURDAY, MAY 18<sup>TH</sup>**

At 10:00 a.m. the dairy calf, will be waiting and ready to be introduced to their partners. **Then the fun begins!** Youth will learn how to prepare your animal for show! Wonderful Volunteers and Teens will be there to assist and help the youth with special interesting tips to help clip, groom, and improve the showing of their animal.

**Each member is responsible to bring:**

- 1) Bring a bag lunch – no glass bottles
- 2) A rope halter to tie up their animal
- 3) Show halter to use training and show ring
- 4) Two (2) clean buckets (washing & drinking)
- 5) Hay and grain for the animal
- 6) Hose, soap, brushes, and clippers
- 7) Bring \$4.00 for pizza late afternoon

**You must register on-line or call the 4-H office.** If you have any additional questions you may contact 4-H @ 607-391-2660.

**DAIRY RODEO REGISTRATION DEADLINE:  
Wednesday, May 8, 2019**

[https://reg.cce.cornell.edu/DairyRodeoMay18th\\_211](https://reg.cce.cornell.edu/DairyRodeoMay18th_211)

**DAIRY AND EQUINE 101!  
MAY 17-18, 2019  
SUNY MORRISVILLE**

This two-day, one night 4-H Equine or Dairy Camp which will be held at Morrisville State College. 4-H youth ages 13-19 years of age are eligible to participate in this camp/college experience. Equine interested youth will be able to select from two tracts in which they have the opportunity to learn more about English, Western, Racing, & Draft & Driving equine areas. All youth will participate in sessions on breeding and nutrition. Dairy participants will learn about crops, soils, harvesting and dairy cattle nutrition and reproduction. All sessions will be taught by Morrisville State College faculty and other professionals in the field of equine & dairy. Cost is \$125 per youth participant, \$100 per chaperone.

**Register:** [https://pub.cce.cornell.edu/event\\_registration/main/events\\_landing.cfm?event=2019EquineAndDairy101-2-2-2\\_221](https://pub.cce.cornell.edu/event_registration/main/events_landing.cfm?event=2019EquineAndDairy101-2-2-2_221)

**PERCHERON HORSE CLINIC  
CORTLAND FAIRGROUNDS  
SATURDAY, MAY 18<sup>TH</sup>**

The Percheron Draft Horse Club is inviting youth and beginners to join in with their club to learn how to:

- Hands on show at halter
- Harness & Driving skills
- Preparing & braiding mane & tails
- Judging the animal

**It all starts at 9:00 a.m. at the Cortland Fairgrounds in the Ag. Corp Building.** You will be able to hands-on with draft horses and a mini learning how to prep the animal for show and then, you will harness and drive. Club members love to share their love for the draft horse life! Helmets are required for all youth while participating, along with a \$15 fee to join the group as insurance requirements. Coffee & donuts and lunch will be provided. No need to pre-register.

**84<sup>TH</sup> ANNUAL  
4-H CAPITAL DAYS  
MAY 19-21, 2019**

**2019 4-H Capital Days in Albany - Are you interested in learning about and experiencing our New York State government first hand?**

*If you are you should apply to be a delegate to attend the 2019 4-H Capital Days event.*

During this year's event, 4-H members, volunteer leaders, and staff will meet with leaders in state government, members of the court system and officials from a variety of state agencies. In addition, they plan to observe a working session of the state legislature and talk with their representatives. The participants will learn about speaking to their legislators and career opportunities in government as they tour state agencies, participate in discussion sessions, and visit with their legislators.

They will also have opportunities to tour the Capitol and visit the Corning Tower, New York State Museum and other significant features of the area.

**The objectives of the 4-H Capital Days program:**

- To achieve a better understanding of the NYS policy process
- To gain a better understanding of state and local government relations
- To provide delegates the ability to meet with legislators and tell their 4-H story
- To create an awareness of career opportunities in New York State Government
- To meet and exchange experiences with delegates from other counties.

**Please contact Rebecca Ireland-Perry to apply for this event.** Two delegates ages 14 and older will be selected to attend this great opportunity.

**4-H HORSE PROJECT  
JUNE 1<sup>ST</sup> DEADLINE**



**1. 4-H Horse Certificate** – must be received by 4-H office for each equine by **JUNE 1<sup>st</sup> of the current year.** This form must be signed by the 4-H'er, their parent/guardian and 4-H leader to be considered received and completed.

**Link for County Horse Resources:**

<http://cortland.cce.cornell.edu/4-h-youth/4-h-horse-program>

**2. Coggins Certificate** – A current copy of the Coggins certificate for the horse(s) being shown during the 4-H year must be submitted to the Extension office by June 1<sup>st</sup> for any rider to be eligible to ride/show at all 4-H events. A legal Coggins must have a statement by the veterinarian that defines some identifying mark or feature for your horse,

distinct from any other horse. “Calendar Year” is Jan. 1-Dec. 31<sup>st</sup>.

**2018-2019 calendar years accepted.**

**3. Rabies Certificate** – a current copy of the Rabies certificate for the horse(s) being shown during the year must be submitted to Cooperative Extension by June 1<sup>st</sup> for a rider to be eligible to ride/show at all 4-H events.

**4.\*Riding Levels** – all riders must have a riding evaluation completed before riding in any 4-H Horse event for the project year. (TBA).

**JUNE DAIRY PARADE  
TUESDAY, JUNE 7<sup>th</sup>**

**4-H Club floats needed....** for the Annual June Dairy Parade helping to promote agriculture in Cortland Co. Clubs can create a float or a banner promoting “milk”, nature’s most perfect food. There are many products made from milk. It should be easy to make something that looks like a carton of ice cream, a pound of butter, a glass of milk, a slice of cheese, or a cow. Your club exhibit doesn’t need to cost lots of money or take days to construct. Come and show your enthusiasm for agriculture in Cortland Co.! You will need to **pre- register** your club entry with the Dairy Promotion chair, Brenda Brooks 753-1593.

**4-H CAREER EXPLORATIONS  
June 25-27, 2019  
CORNELL UNIVERSITY**

**4-H CAREER EXPLORATION:** is a three-day event for youth on the Cornell University campus. The purpose of this program is to provide youth with exposure to academic fields and career exploration, to develop leadership skills, to provide hands-on experience in a college setting and to introduce you to Cornell University. The event is made up of two grade specific tracts: University U for youth entering grades 8 - 9 and Focus for Teens for youth entering grades 10 – 12.

**UNIVERSITY U Welcomes “U”!!** This program offers a series of workshops addressing issues and questions important to “U”. This program also offers an introduction to science and technology career opportunities. This past summer, youth involved in the University U program attended six of the following ten tours or workshops: Animal Adventures; Biological Research; Climate Leaders in the Making; Clocks and Codes; Construction of a Crystal Radio; fish PHARM (Bridging the Gap Between Science and Business); Nutritional Artist; and Explorations in Nanotechnology. Participants also have the opportunity to discover Cornell University and the excitement of college

life. \*\*Eligibility requirement: Students entering the 8th and 9th grades (or the equivalent) in the fall of 2018.

**FOCUS FOR TEENS** is a program where teens spend three-days with a specific department or program at Cornell University. The program allows you to have fun while learning about such topics as astronomy; discovering birds and nature exploration; biomedical and environmental engineering; fossil collecting and paleontology; computer science; food science; geospatial sciences (GPS, GIS, Remote Sensing, UAVs); human development; horticulture; communications; mechanical and aerospace engineering; molecular biology and genetics; making for sustainability technology, community, and agriculture; chemical and biomolecular engineering; and more.

**\*\*Eligibility requirement: Teens must be entering their sophomore, junior or senior year of high school (or the equivalent) or freshman year in college in the fall of 2019.**



## AROUND THE COUNTY.....



4-H Public Presentations provide a means for young people to practice their speaking and organizational skills in a way that will help make them comfortable and poised in front of an audience. Beginners are encouraged to select simple topics with which they are familiar to make the demonstration process the focus of their effort, without the stress of learning about an unfamiliar topic. As they progress each year, they are challenged to try a more difficult subject and to venture into other presentation styles.

2019 saw 33 presenters, ages 5-18, participating in Cortland County 4-H.

On Saturday, March 2<sup>nd</sup> held at the Homer Intermediate School certificate awards were presented as follows:

**Illustrated Talk:** Green Awards to: Katie Champion, Jordyn Keith and Elizabeth Teeter. Blue awards to Ryan Champion, Nate Crispell and Gold Awards to Sarah Birdsall, Elsie Donlick, Erika Olsen; **Demonstrations:** Green Awards to Robby Tyler, Blue award to Eli Teeter, Gabe Teeter, Eli Donlick, and Gold Award to Annika Donlick, Alice Tylutki, and Kristi Walley

**Speech:** Blue award to Tommy White.

On Wednesday, March 6<sup>th</sup> held at the County Office Building certificate awards were presented as follows:

**Illustrated Talk** – Green Awards to Abby Aldrich, Allyson Laudermilk, Rose Mathy, Jacob McCall. Blue Award to

Damian Mathy, Lexi McCall, and red to Anna Aldrich. Gold awards Sam Birdsall, Marissa Kelly, Nathanael Mathy and William Mathy. **Demonstrations-** Red award to Matthew Laudermilk. **Speech-** Red award to Gabryella Russell, Blue Award to Hailey McCall and Gold award to Caylene Russell. **Job Interview** – Red award to Ryan Kelly.

In the Danish System of evaluation against an ideal, a Blue indicates an Excellent award, Red is Good, and a White is Worthy. A Cloverbud level presenter (aged from 5 up to 8), is given constructive comments are given with a Green participation award. A Gold award is given to those Blue level presenters who have done an outstanding job, and have been selected to go on to the District competition on March 23<sup>rd</sup>. The adult judges that assisted this year were: Jeff Perry, Gavin Gates, and Pat Twentyman.

**Results of the District Public Presentations** held on March 23<sup>rd</sup>. Gold Award to Alice Tylutki; Blues – Elsie Donlick, Sam Birdsall and Nathanael Mathy, Reds – Annika Donlick, Erika Olsen, Sarah Birdsall, William Mathy, Caylene Russell and Kristi Walley.

***Congratulations to all!***

## DISTRICT CONTESTS RESULTS!

The annual South Central New York District 4-H Quiz Dairy Bowl and 4-H Hippology contests were held on Saturday, March 10, 2018 at the Chenango Forks Elementary School in Broome County. The district is comprised of nine counties including Cortland, Broome, Delaware, Chemung, Tompkins, Chenango, Otsego, Tioga and Schuyler.

The quiz bowl contest consists of teams of 4-H individuals that are asked questions on any topic related to the dairy animals. Questions on health care, nutrition, management and breeds are all included. The contest is then conducted with 3 phases; individual questions, team questions, and then the toss up or “fastest finger” round.



Cortland County sent dairy members in 3-divisions Beginner, Junior and Senior.

### **Cortland Teams- Beginner Dairy Bowl**

1<sup>st</sup> place team member Eli Donlick

2<sup>nd</sup> place team member Ryan Champion

- 3<sup>rd</sup> Place Individual Eli Donlick
- 4<sup>th</sup> Place Individual Ryan Champion

Both can participate at the Invitational contest held at the State Fair on August 21<sup>st</sup>.

### Junior Cortland Team

- 2<sup>nd</sup> Place Individual Elsie Donlick

### Senior Cortland Team

3<sup>rd</sup> Place Team

- 3<sup>rd</sup> Place Individual Annika Donlick

Both will participate at the State Dairy Bowl Contest held at Cornell University on April 27<sup>th</sup>.



### Novice Team - Hippology:

Cortland Team – 2<sup>nd</sup> Place

Cortland/Broome combined 3<sup>rd</sup> Place

- 1<sup>st</sup> Place Individual Alyssa Manns
- 3<sup>rd</sup> Place Individual Colby Fisher
- 4<sup>th</sup> Place Individual Audrey Fisher
- 7<sup>th</sup> Place Individual Vera Cooper
- 9<sup>th</sup> Place Individual Analise Thompson –Tompkins Co. 4-H
- 10<sup>th</sup> Place Individual Amber Cooper

### Senior Team – Hippology:

Cortland/Delaware 1<sup>st</sup> Place

- 2<sup>nd</sup> Place Individual Megan Robison
- 5<sup>th</sup> Place Individual Susanna Manns

Both will be able to participate at NYS Fair contest on Sunday, August 25<sup>th</sup>.

### Novice Team – Horse Bowl:

Cortland Team – 1<sup>st</sup> Place

Cortland/Chenango combined 2<sup>nd</sup> Place

Cortland/Broome combined 3<sup>rd</sup> Place

- 1<sup>st</sup> Place Individual Alyssa Manns
- 3<sup>rd</sup> Place Individual Colby Fisher
- 4<sup>th</sup> Place Individual Vera Cooper
- 6<sup>th</sup> Place Individual Amber Cooper
- 7<sup>th</sup> Place Individual Analise Thompson-Tompkins Co. 4-H

### Senior Team – Horse Bowl:

Cortland – 2<sup>nd</sup> Place

- 3<sup>rd</sup> Place Individual Megan Robison
- 4<sup>th</sup> Place Individual Susanna Manns

Both will be able to participate at state contest in April.

## FAIR OPPORTUNITIES

**Junior Supers** are 4-H age 10-18, and will receive a premium. Supers must have greater knowledge of 4-H and how the county fair operates. You will need to be available a minimum of 12 hours during fair, so that you can organize the area when exhibits are brought in, working with the

judge's assistants, making sure the judge has what they need and work closely with the area superintendent.

**Judges' Assistants** are 4-H'ers at least 8 years old and willing to help judge during the judge processing the 4-H youth building. This mostly includes bringing exhibits to the judge to be evaluated, helping with the comment sheets, ribbons, entry cards and returning them back to their location. They will receive goodwill and many thanks, along with some valuable experience! Please contact Becky 607-391-2660 at the 4-H office by June 15<sup>th</sup>.



## 4-H CAMP OWAHTA Summer 2019 "Where the fun is endless"



<i>Camp Session &amp; Dates</i>	<i>Week Themes</i>
<b>Week 1</b> July 7-12 <sup>th</sup>	<i>Klondike Week</i>
<b>Week 2</b> July 14-19 <sup>th</sup>	<i>Magic Week</i>
<b>Week 3</b> July 21-26 <sup>th</sup>	<i>Renaissance Week</i>
<b>Week 4</b> July 28-Aug 2 <sup>nd</sup>	<i>Super Hero Week</i>
<b>Week 5</b> Aug. 4-9 <sup>th</sup>	<i>Caribbean Mystery Cruise</i>
<b>Week 6</b> Aug. 11-16 <sup>th</sup>	<i>Olympics</i>

**DAY CAMP – youth ages 6/older:** for those campers who want the 4-H camping experience, but who don't want to miss the action back home! As a day camper you participate in all the same activities as the Resident Campers with no limitation or restrictions... each Thursday we offer a sleepover for all day campers who want to try out the sleep-away experience. Transportation is offered for local youth to camp each day, as well as lunch and snacks.

**RESIDENT CAMP – youth ages 8 /older:** known as our traditional overnight camping experience, we provide the



opportunity for your child to grow, learn and experience new and exciting activities. *Resident campers* explore many different activities and immerse themselves in the weekly theme, all while making new friends with their cabin mates. Your child will never forget the experience.

**TENT CAMP – (week 2 only) youth ages 8 /older:** is a nature intensive program where campers sleep in a tent outdoors each night and have their own special campfire each evening! They will have the opportunity to cook two of their own meals over a campfire each day while learning outdoor living skills. Campers will have access to running water, hot showers, and be able to participate in the weekly themes and many of the activities for all campers.

**NEW TWO WEEK PROGRAM!  
OUTDOOR ADVENTURE  
JULY 28-AUGUST 9<sup>TH</sup>**

A night sky bursting with stars is our nightlight in the **OUTDOOR ADVENTURES PROGRAM**. Campers will spend TWO weeks at camp! On your five-day backpacking trip you will learn new outdoor skills including fire building, outdoor cooking and much more as well as sleep under the stars or in a tent! You will also have plenty of time in camp, doing your favorite camp activities like swimming, archery and gaga. Due to the nature of the program, campers aged 13-16 will be able to participate in the program (14 spots limited).

**FUN FIELD TRIPS ADDED:**

**Week 2 - Science Center Field Trip**

**Week 5 - Fishing Trip.**

*Registration is available Online!*

*Visit: [www.4-H Camp.org](http://www.4-H Camp.org)*

**4-H CAMP OPEN HOUSE: MAY 25<sup>TH</sup> AND JUNE 8<sup>TH</sup> from 1-4 P.M.** - Come meet our Camp Director, Maria Gimma and other camp staff, and learn about our summer programs!

**SECRETARY REPORTS**

**SECRETARY  
OF THE MONTH OF DECEMBER  
CINCY COUNTRY KIDS  
KATHERINE METCALF**

**SECRETARY REPORTS  
DECEMBER 2018**

**County Cackleberries – Ryan Champion** - (Dec). They continued to sew corn bags, making calendars and making valentines to give to Meals On Wheels. (Nov) They started their dairy bowl practices, and variety of crafts and made homemade pizza. (Oct) They made sand art and carved pumpkins. Elected Officers Pres. William Mathy, Vice-Pres Damien Mathy, Treasurer Nathaniel Mathy, Secretary Ryan Champion and Choose Health Alice Tylutki and Erika Olsen.

**R Own 4-H Saddle Club** – No December meeting.

**Cincy Country Kids – Katie Metcalf** –(Dec.) held a business meeting, reading minutes and treasurer report for the club. Members were brainstorming ideas for Spring, Fair and Fundraising. They made Christmas ornaments to hand on their Christmas Trees, after that they went Caroling to local shut ins in the Cincinnati community. It was a very nice opportunity and everyone enjoyed our songs. At the end of the caroling had hot chocolate and holiday cupcakes at the Southern Family's house. Next meeting Jan 6

**Cincy Trailblazers Report – Gabryella Russell** -On Dec 1 the club made 112 Christmas cards and donated them to Making Spirits Bright Christmas Cards through The Hawk 98.1. making the season brighter for residents in area nursing homes. Upcoming events the club will be spreading more Christmas cheer, exciting news welcoming new member to the club, Jayden Lyn.

**Marathon Maple Sugars** – (Dec)members met on Dec 8 and CJ & Eli baked 10 plus dozens of cookies to donate to the Marathon Village Christmas baskets. They also did with the help from Jacquelyn six dozen Christmas Tree Ornaments to donate as well. No change in treas. Report. Next meeting Jan 21.

**SECRETARY  
OF THE MONTH OF JANUARY  
COUNTY CACKLEBERRIES  
RYAN CHAMPION**

**SECRETARY REPORTS  
JANUARY 2019**

**County Cackleberries – Ryan Champion** – (Jan) members met on January 27<sup>th</sup>, working on their corn bags, making calendars and Valentines. They worked on the Hoards Dairyman Judging contest and made snack jars. They also talked about Public Presentations and topics each member will be doing.

**Cincy Trailblazers – Gabryella Russell** – (Jan)the club had a business meeting and discussed upcoming event at their January 26<sup>th</sup> meeting. The members are going to participate in Public Speaking this year. The club held some fun winter activities , ice skating and sleigh rides. Fair focus this year, where are their interest. Two interest are beef and horticulture. They are planning a great outdoor adventure this summer.

**Cincy Country Kids – Katherine Metcalf** –(Jan.) the club met on January 6<sup>th</sup>, their main objective is to brain storm ideas for spring and Fair fundraisers along with community service. They are looking to do a bottle drive on Mother’s Day weekend, candy bar sales and seek donations for their upcoming t-shirt fundraiser. Fundraiser money is to be used to help club members do things for their local community and supplies needed for upcoming fair and future club projects. Reminder that upcoming 4-H plant sales will be coming out soon. The fair date is set for July 9-13<sup>th</sup>. Tess Southern, leader suggested Ag in the Classroom programs to help them be more able to add lessons and interesting facts to their club projects and meetings. Looking at doing a Maple session in February.

**R Own Saddle Club** – January meeting cancelled, the club is planning to go to Expo in PA in February, plans to finalize will be completed soon.

## PEPPER FRITTATA

- |                      |                         |
|----------------------|-------------------------|
| 1 tablespoon veg oil | 3 bell peppers, chopped |
| 2 potatoes, chopped  | 6 eggs, beaten          |
| 2 onions, chopped    | Salt and Pepper         |

**Directions:**

1. Heat oil in frying pan over medium heat.
2. Add potatoes, onion and peppers and cook until vegetables are soft
3. Pour in eggs and gently stir together
4. Serve hot and enjoy!
5. Refrigerate leftovers.

Makes 6 servings

Source: [jsyfruitveggies.org](http://jsyfruitveggies.org)



## RECIPES OF THE MONTH

### PEPPERS!



### PEPPER PIZZA

- |                                      |  |
|--------------------------------------|--|
| 4 English Muffins, split and toasted | ½ tsp. Garlic powder                     |
| 1 cup tomato sauce                   | 1 tsp. oregano                           |
| 1 bell pepper chopped                | ½ cup shredded low fat Mozzarella cheese |

**Directions:**

1. Preheat oven to 400 degrees
2. Place English muffin halves on a baking sheet
3. Top each muffin half with 2 tablespoons tomato sauce.
4. Divide chopped pepper evenly on top of the sauce
5. Sprinkle each pizza with garlic & oregano
6. Top each pizza with 1 tablespoon of cheese
7. Bake for 10-15 minutes and slightly brown
8. Refrigerate left overs.

Makes 4 servings Source: [jsyfruitveggies.org](http://jsyfruitveggies.org)

## ZUCCHINI BREAD WITH WHOLE WHEAT PASTRY FLOUR


- |                        |                                  |
|------------------------|----------------------------------|
| 3 eggs                 | 1 ½ cup all-purpose flour        |
| 1 cup sugar            | 1 ½ cup whole wheat pastry flour |
| ¼ cup vegetable oil    | 1 teaspoon Salt                  |
| 1 teaspoon vanilla     | 2 teaspoons cinnamon             |
| 2 cups grated Zucchini | ½ cup raisins (optional)         |
|                        | ½ cup chopped walnuts            |

**Directions:**

1. Lightly grease and flour a 9 x 5 loaf pan
2. In a large mixing bowl, beat eggs lightly. Add sugar, oil, zucchini & vanilla and beat.
3. In a separate bowl, measure dry ingredients and stir to combine. Add nuts and raisins if desired.
4. Add dry ingredients to the egg mixture. Stir just until all ingredients are moistened.
5. Spoon into loaf pan.
6. Bake at 325 degrees F. for 50 minutes. (to test for doneness by inserting a toothpick in the center. It should come out dry.
7. Allow loaf to cool 5 to 10 minutes before turning out onto a cooling
8. Serve warm or allow to cool before slicing  
Serving size: 1slice /16 servings

Source: adapted from *Favorite Recipes for Daily Meals, Washington State University Extension.*

# 2018 4-H CALENDAR OF EVENTS

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A P R I L  2019	MAR. 30 <sup>TH</sup>  <b>TSC 4-H CLOVER CAMPAIGN</b>	01 APRIL  <b>TSC 4-H CLOVER CAMPAIGN</b>	02  <b>TSC 4-H CLOVER CAMPAIGN</b>	03  <b>TSC 4-H CLOVER CAMPAIGN</b>	04 Tractor Safety <b>TSC 4-H CLOVER CAMPAIGN</b>	05 STARR 5-7 <sup>TH</sup> <b>TSC 4-H CLOVER CAMPAIGN</b>	06 MAPLE FESTIVAL <b>TSC 4-H CLOVER CAMPAIGN</b>
	07 MAPLE FESTIVAL  NATIONAL VOLUNTEER WEEK 7-15 <sup>TH</sup>	08 4-H TEEN COUNCIL MEETING 7PM 4-H OFFICE	09 Heritage Garden mtg 6:30p.m.  <b>TSC 4-H CLOVER CAMPAIGN</b>	10  <b>TSC 4-H CLOVER CAMPAIGN</b>	11 Yeast Bread Tractor Safety  <b>TSC 4-H CLOVER CAMPAIGN</b>	12  <b>TSC 4-H CLOVER CAMPAIGN</b>	13  <b>TSC 4-H CLOVER CAMPAIGN</b>
	14 THE BIG EVENT/SUNY	15 <b>Fairbook cover design deadline</b>	16 FAIRBOARD MEETING	17	18 Tractor Safety	19	20
	21	22 EARTH DAY	23 <b>MANDATORY Market Animal Info Meeting</b>	24	25 Tractor Safety	26 ARBOR DAY	28 HORSE DAIRY BOWLS STATE
	29 Rabbit Show Fairgrounds	30					

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M A Y  2019				01 MAY  <b>MANDATORY Market Animal Info Meeting</b>	02 Tractor Safety	03 Forestry Weekend 5-7 <sup>th</sup>	04 Tractor Safety  Animal Crackers @ Cornell
	05	06	07	08	09 Yeast Rolls Workshop  Tractor Safety	10	11 Mystery Theatre Fundraiser for Fairboard 5:30PM tickets available 753-3109
	12 <i>Mother's Day</i>	13	14	15	16 Bread Workshop Rolls	17	18 Percheron Draft Horse Clinic Fairgrounds  Dairy Rodeo Fairgrounds
	19 <b>4-H Capital Days 19-21<sup>st</sup></b>	20	21 FAIRBOARD MEETING  <b>4-H Plant Sale Pick Up @Fairgrounds</b>	22	23	24	25 <b>OPEN HOUSE 4-H CAMP OWAHTA 1-4 PM</b>
	26	27 HOLIDAY OFFICE CLOSED	28	29	30	31	

**CORNELL COOPERATIVE EXTENSION  
OF CORTLAND COUNTY  
60 CENTRAL AVENUE, ROOM 140  
CORTLAND, NY 13045**

*Mail to:*

**June 1<sup>st</sup> – Deadlines:**

- Non- Owned and Horse Certificates
- Fair Animal Pre-Registration
- Dairy Parade June – 7<sup>th</sup>

**2018-2019 SECRETARY REPORTS**

(☉) - Secretary of the Month - (☼) - Secretary Reports Received (on/before the 7<sup>th</sup> Due Date)  
(✓) - Secretary Reports Received (after the 7<sup>th</sup> Due Date) ♦ - New club (not active)

NAME OF 4-H CLUB	SECRETARY	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT
Cincy Country Kids	Katheryn Metcalf			☉	☼								
Cincy Trailblazers	Gabryella Russell	☉	☼	☼	☼								
County Cackleberries	Ryan Champion	☼	☼	☼	☉								
Friendly Acres 4-H Club													
Eastern Valley 4-H Club													
Happy Hoppers													
Marathon Maple Sugars	Yvonne Moore, Ldr.	☼	☼	☼									
New Penn Beefers	Madison Burlingame	☼											
R Own 4-H Saddle club	Roxanne Kimball, Ldr.			☼	☼								
Super Seekers 4-H Club	Chrystal Donlick, Ldr.	☼	☉										
4-H Teen Council													

***Market Animals Exhibitors  
Mandatory Meeting Requirement:  
2~ Dates to Choose to attend!  
April 23<sup>rd</sup> or May 1<sup>st</sup>  
7:00 PM***

**Phone: 607-391-2660 Fax# 607-391-2680  
email [cortland@cornell.edu](mailto:cortland@cornell.edu) Website: [cortland.cce.cornell.edu](http://cortland.cce.cornell.edu)**

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