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#### 4-H Pledge:

I pledge my Head to clearer thinking my Heart to greater loyalty my Hands to larger service and my Health to better living For my club, my community, my country, and my world.



# January-February 2022

The NYS Dept. of Environmental Conservation has been distributing pheasant chicks to the public through the Day Old Pheasant Chick Program for over 100 years!



- The day-old chick program is a great way for youth to get involved with wildlife and the outdoors, while learning the responsibility that comes with raising animals.
- Wildlife habitat improvement projects can also be integrated into the raise and release program.
- Resources are available for leaders and participants

to familiarize themselves with techniques and necessary equipment needed to raise pheasants.

- A complete rearing guide can be downloaded from their website
- https://www.dec.ny.gov/docs/wildlife\_pdf/dayoldchic ks.pdf .
- An informational video is also available by request from the game farm and may be available to view through our website soon.
- It is important to remember that this program is a free service to qualified peoples of New York and no fee may be charged for providing pheasant chicks. Also, program reach through Cornell Cooperative Extension offices is intended for 4H members.

Pheasant chick requests should be submitted contact Jackie at <u>jdh28@cornell.edu</u> no later than **March 20**, **2022**, to reserve your pheasant order!

All chicks are hatched at the Reynolds Game Farm and will be distributed to county offices by DEC game farm staff, unless otherwise stated. DEC would like to thank you for making the program such a great successand for helping to incorporate pheasants into the lives of so many youths across the state. THE 4-H MONTHLY NEWSLETTER FOR CORTLAND COUNTY

# PUBLIC PRESENTATION PROGRAM

The 2022 dates for county presentations will be on March 2<sup>nd</sup> and March 5<sup>th</sup>. For safety concerns the 4-H office has made changes for the program year. Presentation will offer in-person and via Zoom appointments for members to do their presentations.

<u>A registration link will be provided in a 4-H blast</u> soon.



DIFFERENT TYPES OF PRESENTATIONS: Demonstration - Illustrated Talk - Formal Speech Recitation - Dramatic Interpretation –

There will be times in almost every 4-Her's future when he or she will be asked to share with; demonstrate or may speak to others.

#### Here is a little information for you in organizing your project. By doing a presentation you will begindeveloping the skills needed to:

Express yourself to others

Research a subject and organize your thoughts Share a topic you are interested in with others. Then choose your title. Remember... pick something funand interesting!

*In preparing* your presentation, try to gather some background information. As you collect the information, be certain that all the facts are accurate and up to date.

Always be prepared to talk about your experiences while giving the presentation and tell why you think your presentation is important. *For example: If you are giving a food presentation, include some nutritional background facts.* 

<u>**CLOVERBUD PRESENTATIONS</u>** should be simple, lasting from 1-2 minutes. They should pick a topic they know very well, and then they will be more comfortablestanding in front of a group.</u>

<u>**OLDER MEMBERS**</u> – ages 8-19 should plan a presentation that is at least 5-10 minutes in length,

have posters, and do some research on their topic.

**PLANNING** is very important in preparing your presentation. Try to list the important steps and processes that are to be discussed and demonstrated. These should be listed in logical order. Outline the explanation that is to go with each step. Make sure to list necessary materials and equipment to be used in the presentation.

#### **PRESENTATIONS HAVE 3-PARTS:**

 $\underline{WHY}$  – This is an *introduction*. Be original and brief, it is very important because this is your attention getter. Tell them why you selected this topic. Greet the audience with a SMILE; let them know that you are happy to be there!

**<u>HOW</u>** – This is the "show & tell" part of your presentation. As each step is demonstrated, tell what you are doing, how you are doing it, and in some cases, why you are doing it one way instead of another. If you have time within a certain step, talk about the equipment or materialyou are using. Be sure to present all steps! Keep the table organized and arrange materials in the order you use them.

**SUMMARIZE** – In the summary *review* the points of the presentation and tell the audience where you got the information and how it can be valuable to them. Give them a chance to ask you questions. Answer them truthfully, and if you do not know the answer, tell them so. When you are giving your presentation, look neat and clean. Demonstrations involving food preparation have other specifics as It is important to refer to your poster as well. you speak. The purpose of a good poster is to explain, emphasize, outline, guide, inform, summarize, and supplement. It needs to be legible to the audience in theback row, neat, attractive, and NOT busy. Use guidelines to print your words (1 inch is about the smallest you can use), proofread carefully, use color sparingly, and use pictures to help illustrate your story, not to decorate. Don't crowd! Feel free to use several posters. We have handouts available on poster design.

**<u>DEMONSTRATION</u>** OR <u>ILLUSTRATED</u> <u>TALK</u>-These are presentations that use visuals to teach the audience about a particular topic or how to do something. *You say,* "let me tell you about.... (Fishing, dognutrition, quilts, how apple cider is made, etc.).

*You say*, "Let me show and tell you how to ... (thread a needle, sort laundry, put a worm on a hook, care forguinea pigs, etc.).

## FORMAL SPEECH-

These are more advanced presentations that use no visuals and can be presented for a variety of purposes. Presenters must have a firm understanding of their audience.

**1.** <u>**Persuasive**</u> – The goal is to convince the audience of a particular viewpoint or to take specific action.

*You say,* "I want to **convince** my audience to..." (not eat meat, institute a family game night, vote for school uniforms, etc.).

*You say,* "I want to persuade my audience that...(Butter is healthier than margarine, disposable diapers are better than cloth, recycling paper damages the environment, etc.).

2. <u>Motivational</u> – The goal is to inspire the audience to act, or to emotionally encourage them. *You say,* "I want my audience to **feel**... (proud to be a 4-H member, psyched-up for an event, awed by theactions of others, etc.).

**3.** <u>Informative</u> – The goal is to inform the audience about a specific topic.

Your goal is "I want my audience to learn about...

(Guiding Eyes for the Blind, the effects of culture shock when traveling overseas, etc.).

**CREATIVE COMMUNICATION** - These are involve presentations that the dramatic reproduction of pre-written material. The presenter has the text of the presentation and so focuses his/her efforts on vocal inflection and body language as added tools of communication. For these categories, the presenter(s) should identify the source of the creative piece and its author and may allude to, explain, or challenge theaudience to discover the message it conveys prior to beginning. The setting, as well as the presenter's reason for choosing this piece, may also be included at this point if so desired.

**<u>RECITATION</u>**- The presenter, with the use of body language vocal inflection and as communication tools, delivers his rendition of a piece of pre-written material. Props should not be used, but appropriate dress to subtly represent the character or mood of the written piece is acceptable. Dress should not overwhelm the oral presentation. Memorization is expected, but notes are permitted. This area is not intended for presentation of original pieces of material written by the presenter. TEAM Recitations are NOT allowed at the state level.

**DRAMATIC INTERPRETATION** – The presenter or team delivers a re-enactment of a piece of scripted material. The content can be taken from plays, movies, sketches, and monologues— dramatic or comedic. This type of presentation should include props and costumes.

Props need to be **simple and minimal**, not detracting from the strength of the presenter(s). Original pieces written by the presenter(s) are accepted in this category, but 4-H educators should monitor appropriateness of presentation.

# Many resources to help are available at the 4-H office.

**INTERVIEW** – (for youth ages 15+) **Preparing for a job interview** can be overwhelming. 4-H youth can get a head start on this endeavor by participating in the NY State Public Speaking Program's Interview Process. During the interview process, 4-H teens will undergo a simulated interview for a job with a trained volunteer evaluator.

# TRACTOR SAFETY PROGRAM STARTS MARCH 17<sup>TH</sup>

The 4-H Office is planning 2022 Tractor Safety Course to Youth who are 14 years of age are required to have their safety certificate before being employed to work onfarms. Due to safety concerns, this course may be online instruction via Zoom classes, etc. This course is only held once a year and youth 14/older are encouraged to attend. A fee of \$40.00 per enrolled 4-H member and \$50 for nonenrolled 4-H member. This fee will cover cost of materials used in the course. Enrollment is limited to 20 participants, and they are required to attend all (9) of the training sessions.

# 4-H MARKET TURKEY PROJECT ORDER DEADLINE - FEBRUARY 4<sup>TH</sup>



It is time to start thinking about fair!

# Please let us know the youth(s) name(s) and how many birds you would like to order.

The minimum number of turkeys to <u>order is 6 per</u> <u>youth</u>.

- If you have 2 siblings wanting to do the project, you can get 8.
- If you want extras for yourself, that is fine as well!
- We just need an intent to order and raise, once we have total number ordered so that we will calculate the cost per bird.

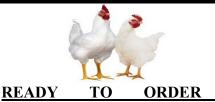
Cortland County 4-H members (*Cloverbuds are not eligible*) can raise market turkeys to be consigned be sold. Basic requirements are clean, dry housing that will protect the birds from predators, cold, wet, or hot sun; abrooder or heat lamp(s) to warm the chicks; feeding and watering equipment; and appropriate turkey feed.

There is a class in the Cortland Co. 4-H Poultry Division in the fairbook for Market Turkeys. 4-H members will be allowed to exhibit and sell **1** market turkey. 4-H members with market turkeys are required to participate in showmanship, and to follow all rules and regulations governing poultry in the fair book. Animals cannot be entered in both market and breeding classes (additional turkeys raised may be shown in breeding classes).

4-H members **must complete and hand in a Market Turkey Project Record.** 4-H members interested in exhibiting and consigning market turkeys must place their order through CCE.

Cortland Co. 4-H Market Animal Sale to be held on Friday, July 8<sup>th</sup> at 6:00 p.m. during the Cortland Jr. Fair.

# 4-H MARKET BIRD PROJECT ORDER DEADLINE MARCH 4<sup>TH</sup>



YOUR

# **BROILERS**?

Cortland County 4-H members (*Cloverbuds are <u>not</u> eligible*) may raise market broilers to be consigned to theCortland County 4-H Market Sale to be at the Fair. Broilers are <u>meat-type</u> chickens that are raised for 6 to 8 weeks to a weight of 4 to 5 pounds. Basic requirements are clean, dry housing that will protect the birds from predators, cold, wet, or hot sun; a brooder or heat lamp(s) to warm the chicks; feeding and watering equipment; and 20-24% protein feed. 4-H members will be allowed to exhibit and sell <u>3</u> market broilers at the fair.

4-H members with market chickens are required to participate in <u>poultry showmanship</u>, and to follow allrules and regulations governing poultry in the fair book. Animals cannot be entered in both market and breedingclasses. 4-H members must complete a Market Chicken Project Record.

**4-H members interested in exhibiting and consigning their market chickens must notify and place their order through the 4-H office** (a min. of 6 chickens). Cortland County 4-H Market Animal Sale to be held on Friday, July 8<sup>th</sup> at 6:00 p.m. at the Cortland County Fairgrounds during the Cortland Jr. Fair. The 4-H office will be placing all orders on March 4<sup>th</sup> (& birds can be picked up in May) a link will be provided in a separate email blast to place your order.

# October 2021- Secretary of the Month Madison Head – Dairy Dreamers

<u>**Cincy Country Kids**</u> – the group met on Oct 24<sup>th</sup> planning for upcoming Hayride on October 30<sup>th</sup> and provided a monthly calendar for the new 4-H year.

**Dairy Dreamers** – Madison Head reported that the club met twice in October. On the 11<sup>th</sup> elections and welcome new members. President Anderson Ramirez. On October 25<sup>th</sup> club members met and

watched a video of Animal Crackers and then made bunny pumpkins for their activity fun. The club will plan to meet on Nov 8<sup>th</sup> at the NVH office.

**Fertile Valley** – Ayla Marley Gallagher reported the club met on Oct 17<sup>th</sup> to start the new 4-H year. New Business they elected officers, Pres. Jorden Keith, Vice Pres-Silas Coburn, Secretary Ayla Gallagher Treasurer Ezekial Chapman. 11 Members present. For announcements they talked about the 4-H Holiday Workshop and 4-H Local Products Fundraiser.

**Friendly Acres** – Elsie Donlick reported the club members met at the Cortland Co. Fairgrounds to hold their business meeting discussing future meeting ideas. Many suggestions were made for different ideas. Some included trapping field trip, maple syrup field trip, dairy showing training, geocaching, card making for the community service, painting garbage cans for fair week and other ideas. After the business part of the meeting members crafted bird feeders, the next meeting will be November to elect officers.

**<u>R</u>** Own 4<u>H</u> Saddle Club - Meeting at the fairgrounds at 5:30 on October 11<sup>th</sup>. They held a worknight, putting a second coat of paint on the show booth. Setting the dates for activities and meetings for 21-22 4H year. There are posted the links on our club Facebook page for upcoming workshops for Raising poultry, 4H Needle Arts and signing up for Hippology and Horse bowl.

**4-H Teen Council** – Elsie Donlick reported for October 11<sup>th</sup> members met together to sort bottles and cans they have gathered from summer events for recycling, cleaned the food booth, elect officers and carve pumpkins. New Business members discussed Achievement Night plans for November 6<sup>th</sup> and elected officers as follows: President Will Mathy, Vice-President Marybeth Ortlieb, Secretary Nadia Phelps/Caylene Russell and Treasurer Nate Mathy. Plans for October 30<sup>th</sup> to go to Trinity Valley After Dark Corn Maze for fun night.

# November 2021- Secretary of the Month Caylene Russell - 4-H Teen Council

<u>Cincy Country Kids</u> – Brooks Closson meeting on November 14 at the Pitcher Parish Hall. Old Business elected new officers President Blaine DuVall, Vice President Ruby Metcalf, Treasurer Jackson Southern. They visited Riverside Dairy and discussing the Halloween Hayride with making some changes next year. Treasure report they made \$400 on the food booth and \$100 in cans & bottles. They purchased a fog machine to use on the havride. New Business their club won the window display and community service awards during Achievement Night awards ceremony. They have two \$25 gift certificates for the online 4-H store. They are planning a recycling project everyone needs to save toilet paper rolls, and they will also fundraise with Rada again this year. Today they held a cupcake bake-off. Members were broken up into 5 different teams each making a different recipe. They had a great time. Next meeting is December 5<sup>th</sup>.

**Dairy Dreamers** – the club members met on November  $8^{th}$  and held a business meeting handing out 4-H awards that were given out during Achievement Night. They did an activity program making "beads of courage" by taking a few colors of clay and roll them out like a snake then mix the colors a little and make a round shape, by poking a hole through them. Many plan to participate in Dairy Bowl this year. They will meet on November  $22^{nd}$  for a cooking and baking time together.

**Eastern Valley** – Hannah Wilbur on November 20<sup>th</sup> the group had a tour of Trinity Valley, they really like the robotic machine that they have added. They got to sample cheese curs and chocolate milk. The group held a meeting and elected officers president Sophia Wilbur, Vice-President Matthew Duvall, Secretary Hannah Wilbur, and Treasurer Josh Loomis. This year's activities managers are Reaghan Flanagan and Abigail Cowls. Their next activity will be on December 19<sup>th</sup> for their annual Christmas dinner and gift exchange.

**Fertile Valley** – Ayla Gallagher reports the club met on November 14<sup>th</sup> to sew stockings for their activity. 14 members were present, and they welcomed new members Seth, Kaleb, and Trenton Harman. They discussed to think of a topic for a public speech for this year. Also 4-H Shooting Sports is starting up with Archery, and the club will be meeting in December if interested. <u>Marathon Maple Sugars</u> –In November no meeting was held.

**R Own 4-H Saddle Club** - November 8, 2021, No Business Meeting: Activity Only: Making care packages. Thank you to those who were able to come to the meeting and donate items to the care packages for the Members of the Armed Services! We will get those shipped off this week! Shout Out to Olsenwick crew for hosting November 6 – Picnic and wagon rides. Reminder fundraising money is due to the office this Friday. Registration for Holiday Workshops are due TOMORROW for this weekend. Cost for the day of crafting is \$7. Next meeting is December 13th at 6:30. No parents! We will be making Christmas Gifts and wouldn't want to spoil the surprise.

**<u>4-H Teen Council</u>** – Caylene Russell reports a meeting was held on November 1<sup>st</sup> to discuss plans to host the Nov. 6<sup>th</sup> Achievement Night Program for year-end awards. This year the CNY Living History Center will also be the center for the Achievement Night awards program and the teens plan to have appetizers and desserts, game activities, along with decorations before and after the awards of recognition. After the awards the teens plan to go to enjoy bowling together.



<u>AmeriCorps Youth Education:</u> From 2019 through June of 2021, we were lucky enough to have an amazing Farm-To-School AmeriCorps Member, Emily Fusco. Emily worked with Cortland Co. schools and the community to educate about the role of our local farms in creating healthy and nutritious diets. In her role, she developed a <u>series of videos</u> and helped to create a <u>garden guide</u>. We are hoping to build upon the work she began by hiring another AmeriCorps Member.

## 2022 NYS GUERNSEY CALF SCHOLARSHIP

Applicant must be age 9-15 as of January 1<sup>st</sup> of application year. You do not have to belong to 4-H, FFA, or a breed club to participate. The Guernsey Calf Scholarship application is due March 1, 2022, please contact by email Seth and Amber Ripley for an application. <u>Seth.ripley@gmail.com</u>

## NYS GUERNSEY ACHIEVEMENT LEADERSHIP SCHOLARSHIP

Any youth ages 8 to 21 who exemplifies achievement in scholarship, leadership service and is an active member of the NY Guernsey Association. The Guernsey Achievement application is due March 1<sup>st</sup> please email Alison Widrick for an application littlewidrick@twcny.rr.com

# HENRY THOMAS CALF SCHOLARSHIP

The Cortland County Holstein club offers a "purebred" Holstein calf each year in memory of Mr. Henry Thomas. To be eligible to be an applicant, you must meet the following criteria.

- 1. Age Limit: 11-15 years of age as of January 1, of the current year.
- 2. You have adequate housing facilities to raise a calf.
- 3. You must be a Cortland County 4-H member, or a Junior Holstein Club member, or willing to join the Junior Holstein Association.
- 4. Periodic farm visits to view of the calf are welcomed.
- 5. You must be willing to show the calf at our local shows.

This is an excellent dairy animal to use in your 4-H project. The calf will be awarded at the Cortland Co. Spring Holstein Banquet – date: TBA <u>http://cortland.cce.cornell.edu/resources/henry-thomas-calf-scholarship</u>

# 4-H YOUTH FAIR SCHOLARSHIP DEADLINE MARCH 6<sup>TH</sup>

Attention Seniors in High School or a Resident already attending college! Applicant must be in his/her senior year of High school in NYS or a resident already pursuing a degree at an accredited institution of higher learning. Deadline to the fairboard: is March 6<sup>th</sup> so that all application will be reviewed, signed, and sent onto the NYSSA secretary for consideration and awards. The NYS Fair Scholarship application process is at www.nyfairs.org – fill out the entire application and print a copy to give to the fairboard. You can give the copy to Jackie at the 4-H office if you would like.

## YOUTH FAIR SEEKING TEENS TO JOIN THE FAIRBOARD

The fairboard is seeking teen youth to join the Jr. Fairboard Committee. If you may be interested and would like to join the group, the meetings are set for the 3<sup>rd</sup> Tuesday of each month. Contact Jackie at 607-391-2660 if you may be interested join and/or help with projects, share your ideas to provide the fair at its best!

# **RECIPE FOR 2022**

# EASY BLACK BEAN BROWNIES

- 1 Brownie Mix for a 9 x 13" pan of brownies
- 1 (15 ounce) can black beans, rinsed & drained 1 cup water
- 1 cup chocolate chips, divided
- 1. Preheat oven to 350 degrees F.
- 2. lightly grease a 9 x 13" baking pan- set aside
- 3. puree the beans & water together in a blender or food processor until smooth.
- 4. Stir into the brownie mix until combined.
- 5. Stir in  $\frac{1}{2}$  cup chocolate chips
- 6. pour the mixture into the prepared pan and sprinkle with chocolate chips
- 7. bake for 15-17 minutes or until a toothpick inserted 2 inches from the side of the pan comes out almost clean.
- 8. Cool completely on a wire rack CORNELL COOPERATIVE EXTENSION



### **OCTOBER 2021**

Morgan Barrows, Everett Brayman, Carsen Bush, George Currie, Ethan Dovi, Memphis finch, Lila Gaines, Nora gross, Alexa Head, Blake Hill, Tanner Keith, Johnathon Lawton, willow Monnat, Reed Olsenwik, Alida Phelps, Ivy Phelps, Caylene Russell, Ashlyn Swift, Abby Thomas, Robby Tyler, Trista Watts, Hannah Wilbur, and Sophia Wilbur.

### **NOVEMBER 2021**

Marion Brayman, Lillian Brown, Brooks Closson, Eliana Fitts, Josiah Johnson, Genevieve Kuiken, Josephine Kuiken, Maxwell Neville, Elsie Porter, Ella Riehlman, Gabryella Russell and Colson Slade.

### **DECEMBER 2021**

Maisie Chapman, Maci Crothers, Elsie Donlick, EllaJane Monnat, Lucas Orr, Zahara Petrella, Silas Rude, Clifford Saplin Jr., Boden Scanlon, Gwyneth, Caleigh Stone and Alice Tylutki

Katie Champion, Savannah Compton, Nathaniel Crispell, Camryn Crothers, Weston Finch, Hunter Harrington, Shalom Johnson, Jebadiah Loomis, Jenna Loomis, Blyth McIntyre, Holden Mills, Reese Mills, Daniel Ortlieb, Martin Petri, Rhett Petri, Anderson Ramirez, Samuel Ripley, Ariana Sherman, Blake Sherman, Adelina Viglietta and MacKenzie Zakarewicz.

### **FEBRUARY 2022**

Leah Bottle, Clara Currie, Delaney Howe, William Mathy, Ryder Pavia, Amira Petit-McClure, Isabella Petrella, Keziah Ripley, and Brooklee VanPatten.

## **TO THE 4-H FAMILY:**

2021-2022 SECRETARY REPORTS         (©) - Secretary of the Month - (코) - Secretary Reports Received (on/before the 7 <sup>th</sup> Due Date) - (✓) - Secretary Reports Received (after the 7 <sup>th</sup> Due Date)        • - New club (not active)													
NAME OF 4-H CLUB	SECRETARY					Jute							
		OCT	NON	DEC	JAN	FEB	MAR	APR	МАУ	JUNE	JULY	AUG	SEPT
Cincy Country Kids	Brooks Closson	2	8										
County Cackleberries	leader												
Dairy Dreamers	Madison Head	٢	Z										
Eastern Valley	Hannah Wilbur		X										
Fertile Valley	Ayla Gallagher	2	8										
Friendly Acres	Elsie Donlick	2											
Marathon Maple Sugars	leader		8										
R Own 4-H Horse Club	leader	2	8										
4-H Teen Council	Caylene Russell	2	٢										
4-H Shooting Sports Archery Club													

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