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**4-H Pledge:**

*I pledge my Head to clearer thinking  
my Heart to greater loyalty  
my Hands to larger service  
and my Health to better living  
For my club, my community, my country,  
and my world.*

## NEW YORK ARBOR DAY APRIL 30, 2021



The first Arbor Day was celebrated in Nebraska on April 10, 1872, thanks to a resolution proposed by Nebraska City, Nebraska resident J. Sterling Morton. Morton, a civic leader, agriculturist, and former newspaper editor, urged Nebraskans to **“set aside one day to plant trees, both forest and fruit.”** The tree-planting holiday was so popular that by 1920 more than 45 states and U.S. territories annually celebrated Arbor Day. Today it is observed in all 50 states and in many countries around the world.

This is a perfect time to remind you of the benefits of trees:

- Trees clean our air by absorbing common air pollutants.
- Trees improve water quality by reducing rain water runoff and erosion.
- Trees provide shade that protects us from the sun’s UV rays.
- Trees provide important habitat for birds and other wildlife.
- Tree rings provide information about historical climate that is not available from scientific records.

New York’s state tree is the **Sugar Maple**, a tree known for producing syrup. Learn about other tree species and get practical advice on which trees to plant in New York’s temperature zone by checking out the Arbor Day Foundation’s Hardiness Zone Map at [arborday.org](http://arborday.org).

THE 4-H MONTHLY NEWSLETTER FOR CORTLAND COUNTY

**clover**  **dispatch**

## YOU COULD BE THE NEXT 2021 JUNIOR FAIR QUEEN



*Have you ever wondered what it would be like to be crowned as the 2021 Fair Queen?*

**Rules:** You must meet the requirements to be eligible as a possible candidate for the contest.

- 1) You must be **at least 14** and not older than 19 years of age by July 10, 2021, end of fair week.
- 2) You must be available the week of July 6-10<sup>th</sup> to participate in the award events.
- 3) You must have a general interest in helping promote youth programs in Cortland County.

Along with meeting new people and making lasting friendships, you will be able to experience working with some of the local dignitaries doing some media work and public relations. If you would like to participate contact 4-H Office 607-391-2660.

*Good Luck to all!* 🍀

## FAIRBOOK COVER DESIGN CONTEST 2021 EXTENDED DEADLINE APRIL 30<sup>th</sup>

This is another opportunity for 4-H members to do their best work and support the fair.

1. Artwork for the drawing must be 8 ½' x 11" sheet of paper.
2. Drawings must be done in black felt tip pen erase all pencil lines used to set up the design.
3. **Please include in the design:**

67TH ANNUAL CORTLAND COUNTY  
JUNIOR FAIR  
JULY 6-10, 2021  
SPONSORED BY:

CORNELL COOPERATIVE EXTENSION OF  
CORTLAND COUNTY AND CORTLAND  
COUNTY AGRICULTURAL CORPORATION

4. **Final submission has been extended to April 30, 2021. Suggestions:** In your artwork, be sure to include some of the attractions and exhibits that draw our general public to our fair.
5. **Print on the back of the drawing sheet with your name, age and 4-H club** you are a member of.
6. All drawings will be used to promote the Fair. The winner of the contest will receive \$10.00 award from the Fairboard committee.



## THE 51ST ANNIVERSARY OF EARTH DAY

Earth Day 2021 will mark the 51st anniversary of this holiday. Typically, Earth Day is assigned a different theme or area of focus each year; this year's theme is "**Restore Our Earth.**"

Most years, Earth Day events range from river cleanups to removals of invasive plants. With social distancing still in place for many of us this April, Earth Day has gone digital. Virtual events, such as environmental lectures and films, will take place on Earth Day (Thursday, April 22). To see a catalog of official events, visit [earthday.org](http://earthday.org).

Of course, social distancing doesn't mean that you can't go outside and enjoy nature, as long as you do so responsibly! Nature is not canceled!

Today, not only is Earth Day a day meant to increase awareness of environmental problems, but also it is also becoming a popular time for many communities to gather together to clean up litter, plant trees, or simply reflect on the beauty of nature. Further down the page, we've provided a list of activities and projects that you can do to improve your local environment!

## HERITAGE GARDEN MEETING MAY 4<sup>TH</sup> – 6PM

### GOURDS GALORE!

Come learn all of the cool things you can do with a dried gourd!! The Heritage Garden project for 2021 will be gourds. There will be three different types of gourds to grow, and each has unique characteristics

that make them great for crafts. 4-Hers will get the seeds to plant this year, and a gourd that was grown last year and dried. The dried gourd can be 'finished' and entered in a Special Project category in this year's fair. Gourds that are grown this year will not be ready until fall for harvesting. (Gourds grown this year may be entered in next year's fair.) These gourds can be made into bowls, lamps, or they can be carved, stained, woodburned, or painted. These gourds are easy to grow, they are similar to growing pumpkins. Sign up now! **Our first project meeting is May 4<sup>th</sup> at 6:00 p.m.** at the 4-H building at the fairgrounds. Covid guidelines will be followed. **Registration: deadline: Tues. April 27<sup>th</sup>.** [https://reg.cce.cornell.edu/HeritageGarden21-2\\_211](https://reg.cce.cornell.edu/HeritageGarden21-2_211)

## PERCHERON HORSE CLINIC



**SATURDAY, MAY 22<sup>nd</sup>  
CORTLAND FAIRGROUNDS**

The Percheron Draft Horse Club is inviting youth and beginners to join in with their club to learn how to:

- Hands on show at halter
- Harness & Driving skills
- Preparing & braiding mane & tails
- Judging the animal

*It all starts at 9:00 a.m. at the Cortland Fairgrounds in the Ag. Corp Building.* You will be able to hands-on with draft horses and a mini learning how to prep the animal for show and then, you will harness and drive. Club members love to share their love for the draft horse life! Helmets are required for all youth while participating, along with a \$15 fee to join the group as insurance requirements. Coffee & donuts and lunch will be provided. **No need to pre-register.**

**SAVE THE DATE!!!!**

**Cortland 4-H Dairy Rodeo!!!**

**Returning this year the**

**Livestock Rodeo!!!**

**Saturday, June 5<sup>th</sup>**

**More details coming soon.**

## 4-H HORSE PROJECT JUNE 1<sup>ST</sup> DEADLINE

**1. 4-H Horse Certificate** – must be received by 4-H office for each equine by **JUNE 1<sup>st</sup> of the current** year. This form must be signed by the 4-H'er, their parent/guardian and 4-H leader to be considered received and completed.

**Link for County Horse Resources:**

<http://cortland.cce.cornell.edu/4-h-youth/4-h-horse-program>

**2. Coggins Certificate** – A current copy of the Coggins certificate for the horse(s) being shown during the 4-H year must be submitted to the Extension office by June 1<sup>st</sup> for any rider to be eligible to ride/show at all 4-H events. A legal Coggins must have a statement by the veterinarian that defines some identifying mark or feature for your horse, distinct from any other horse.

**"Calendar Year"** is Jan. 1-Dec. 31<sup>st</sup>.

**2020-2021 calendar years accepted.**

**3. Rabies Certificate** – a current copy of the Rabies certificate for the horse(s) being shown during the year must be submitted to Cooperative Extension by June 1<sup>st</sup> for a rider to be eligible to ride/show at all 4-H events.

**4.\*Riding Levels** – all riders must have a riding evaluation completed before riding in any 4-H Horse event for the project year. (TBA).

## ANIMAL REGISTRATION FOR FAIR - JUNE 1<sup>ST</sup>

**FOR NON-OWNERSHIP AND SHOWING AT THE FAIR-** The Non-Owned Form paper form is also due to the office by June 1<sup>st</sup>. No exceptions to this date will be allowed. Form can be found on our website or may be picked up at the 4-H office.

To be eligible for State Fair consideration, youth owned animals for most species must have the registration papers in their name dated no later than June 15<sup>th</sup>. (Registration papers will be verified at animal check in at the Cortland County Jr. Fair).

Non-Owned/Owned Animal Certificates and **on-line registration** for all animals links may be found on the website by Species on the CCE Website under 4-H Youth "Cortland Fair" Here is the link to the page: <http://cortland.cce.cornell.edu/4-h-youth/cortland-jr-fair>

## JUNE 18<sup>TH</sup>- 30<sup>TH</sup>, 2021 CAREER EXPLORATIONS VIRTUAL SESSIONS

This year our team of 4-H Educators, youth leaders, and campus partners have been working together in new ways to bring a new opportunity adapted to our current situation. We recognize that this will be a different year. We can't replace the experience of learning alongside new and familiar friends in-person, at Cornell. We can offer another way to connect with each other, Cornell, and continue our journey to expand opportunity and spark new future possibilities, even from afar.

Youth will have the opportunity to connect with each other, campus partners, and alumni as they explore career pathways and reflect on their personal journey through a variety of online and offline activities.

### Schedule of Events

- Thursday, June 17 4 - 6 PM: **Opening Ceremony** – live Zoom event for all.
- June 18 – 30: complete activities according to those pathways specifics. Go on a virtual campus tour, connect with campus partners and alumni, and join virtual team-building activities.
- Thursday, July 1<sup>st</sup> - 4 - 6 PM: **Closing Ceremony** – live Zoom event for all.

### Logistics

- Open to youth ages 13–19. Youth can pick their own career exploration path regardless of age.
- Registration is \$50 per youth (no cost to adults). Some scholarships will be available. Youth will be asked to register along with an adult mentor (could be a 4-H Educator, Volunteer, or a family member). Registration will open in early April and close mid-May. More Info will be coming!



AROUND THE  
COUNTY.....



4-H Public Presentations provide a means for young people to practice their speaking and organizational skills in a way that will help make them comfortable and poised in front of an audience.

2021 saw 11 presenters, ages 5-18, participating in Cortland County 4-H at the county level. Presenters earning a Gold Award will go on to District Public Presentations.

On Saturday, April 10<sup>th</sup> held at the held at the 4-H office presented as follows:

**Illustrated Talk: Blue Awards to:** Alida Phelps, Ivy Phelps, Nadia Phelps, Jordyn Keith and Clover Bud Award to Tanner Keith. **Gold Awards to:** Elsie Donlick, Ryan Champion and Katie Champion

**Demonstrations: Gold Award to** Annika Donlick

**Zoom Presentations: Gold Awards to:** Erika Olsen Illustrated Talk, and Caylene Russell Formal Speech.

Thank you to our judges Jeff Perry, Pat Twentymen, Rickie McClure, and teen evaluator Alice Tylutki.  
***Congratulations to all!***

## FAIR OPPORTUNITIES

**Junior Supers** are 4-H age 10-18, and will receive a premium. Supers must have greater knowledge of 4-H and how the county fair operates. You will need to be available a minimum of 12 hours during fair, so that you can organize the area when exhibits are brought in, working with the judge's assistants, making sure the judge has what they need and work closely with the area superintendent.

**Judges' Assistants** are 4-H'ers at least 8 years old and willing to help judge during the judge processing the 4-H youth building. This mostly includes bringing exhibits to the judge to be evaluated, helping with the comment sheets, ribbons, entry cards and returning them back to their location.

They will receive goodwill and many thanks, along with some valuable experience! Please contact Becky 607-391-2660 at the 4-H office by June 15<sup>th</sup>.



# 4-H CAMP OWAHTA

Summer 2021

“Where the fun is endless”



## SECRETARY REPORTS

### JANUARY CLUB SECRETARY OF THE MONTH DAIRY DREAMERS 4H CLUB

**Dairy Dreamers 4-H Group** – club met for first time with 10 kids and 3 leaders all in masks having a great time. Played games to get to know each other better and election of officers. They came up with ideas for club name, but wanted to think about it a little more. Ideas passed around for building stuff, robots, learning to clip & show their calves; archery and wildlife and maybe a sewing project.

**Eastern Valley 4-H Club** – club members met on January 24<sup>th</sup> and Guest speaker Mr. Palladino spoke about the voluntary Empire Farm Days for August 3,4 & 5<sup>th</sup>. The club is planning to volunteer to work at an ice cream and milkshake booth. Approval of minutes and old business items elections and feed calf presentation. Next meeting Feb 21<sup>st</sup>.

**R Own 4-H Saddle Club** – no meeting held; planning to start in March with family and clinics in April.

**Marathon Maple Sugars 4-H Club** – no meeting held; due to illnesses.

**4-H Teen Council**—no meeting held.

**Cincy Country Kids** – club met on January 30<sup>th</sup> and reviewed awards night top honors the club and members received. They are planning on the Rada Cutlery for Valentine’s Day as their fundraisers. Dairy Bowl zoom meetings and a Livestock Summit online.; today’s project was building a lamp. Next meeting Feb 14<sup>th</sup> for project making wind chimes.

### FEBRUARY CLUB SECRETARY OF THE MONTH CINCY COUNTRY KIDS 4H CLUB

**Cincy Country Kids** – (minutes taken by Jackson Southern and typed by Brooks Closson, secretary). The club met on Feb 14<sup>th</sup>; plans to pick a new club shirt color for fair week; choosing their animals for fair and market; selling Gertrude Hawk candy bar sales as their fundraiser; and looking for good sheet and goat vet. Today’s project was building a wind chime out of silverware, beads and fishing line.

**Teen Council** – (Elsie Donlick) On February 8<sup>th</sup> members met virtually and discussed the next meeting to go skiing. Also discussed public presentations and plans for the March meeting to do another winter activity such as cross country skiing or tubing. They are planning to do a community service writing letters to a senior group. Members

Camp Session & Dates		Themes
Week 1	July 4-9	Klondike Day
Week 2	July 11-16	Dr. Seuss Day
Week 3	July 18-23	Super Hero
Week 4	July 25-30	Camp Competition
Week 5	Aug 1-6	Pirates
Week 6	Aug 8-13	Disney
Week 7	Aug 15-20	Olympic Week

**DAY CAMP** – youth ages 6/older: for those campers who want the 4-H camping experience, but who don’t want to miss the action back home!

As a day camper you participate in all the same activities as the Resident Campers with no limitation or restrictions... each Thursday we offer a sleepover for all day campers who want to try out the sleep-away experience.

Transportation is offered for local youth to camp each day, as well as lunch and snacks.

**RESIDENT CAMP** – youth ages 8 /older: known as our traditional overnight camping experience, we provide the opportunity for your child to grow, learn and experience new and exciting activities. **Resident campers** explore many different activities and immerse themselves in the weekly theme, all while making new friends with their cabin mates.

*Your child will never forget the experience.*

<http://cortland.cce.cornell.edu/4-h-youth/4-h-camp-owahta>

then participated in drawing activity with a partner to finish the meeting.

**R Own 4-H Saddle Club** – no meeting held for February.

**Marathon Maple Sugars 4-H Club** – no meeting held; We are planning to have an Annual Family Dinner on Sat March 27<sup>th</sup>. We are hoping to participate in the “49 and holding” Maple Festival drive-thru event on April 10<sup>th</sup> and sell our Maple Sundaes as usual. No change in treasury.

**Dairy Dreamers 4-H Group** - club members met on Feb 22<sup>nd</sup> voted to name their club **Dairy Dreamers 4-H Club**. Officers are: President Martin Petri; vice-President Addison Rombach; secretary Dillon Spisak; treasurer Julian Petri; news Reporter/Scrapbook Jake Wheeler.

## RECIPES OF THE MONTH

### SPRING GREEN SALAD

**Ingredients:**

- 6 oz. spinach (7 cups)
- 3 oranges
- 1 ½ cup strawberries
- 1 cup walnut pieces

**Dressing:**

- 1 tsp. sugar
- 1/3 tsp paprika
- 2 tbsp. orange juice
- 1 tbsp. lemon juice
- 1 ½ tsp vinegar
- 1 tsp onion chopped fine
- 2 tbsp. salad oil

**Materials:** paring knife, cutting board, mixing bowls, measuring spoons and cups, jar or blender.

Instructions:

1. Wash & dry spinach, tear into pieces and chill
2. To prepare orange, cut off ends and peel and white part (pith) of outer orange. Using a paring knife, gently cut out sections from membrane edges. You end up with orange sections with no outer membrane.
3. To make dressing; combine all ingredients in a jar and shake well or blend in a blender.
4. Right before serving, toss orange and strawberries with walnuts and spinach. Add dressing to coat salad and serve.



## PEPPER PIZZA

- 4 English Muffins, split and toasted
- 1 cup tomato sauce
- 1 bell pepper chopped
- ½ tsp. Garlic powder
- 1 tsp. oregano
- ½ cup shredded low fat Mozzarella cheese

**Directions:**

1. Preheat oven to 400 degrees
2. Place English muffin halves on a baking sheet
3. Top each muffin half with 2 tablespoons tomato sauce.
4. Divide chopped pepper evenly on top of the sauce
5. Sprinkle each pizza with garlic & oregano
6. Top each pizza with 1 tablespoon of cheese
7. Bake for 10-15 minutes and slightly brown
8. Refrigerate left overs.

Makes 4 servings Source: jsyfruitveggies.org

## ZUCCHINI BREAD WITH WHOLE WHEAT PASTRY FLOUR




- 3 eggs
- 1 cup sugar
- ¼ cup vegetable oil
- 1 teaspoon vanilla
- 2 cups grated Zucchini
- 1 ½ cup all-purpose flour
- 1 ½ cup whole wheat pastry flour
- 1 teaspoon Salt
- 2 teaspoons cinnamon
- ½ cup raisins (optional)
- ½ cup chopped walnuts


**Directions:**

1. Lightly grease and flour a 9 x 5 loaf pan
  2. In a large mixing bowl, beat eggs lightly. Add sugar, oil, zucchini & vanilla and beat.
  3. In a separate bowl, measure dry ingredients and stir to combine. Add nuts and raisins if desired.
  4. Add dry ingredients to the egg mixture. Stir just until all ingredients are moistened.
  5. Spoon into loaf pan.
  6. Bake at 325 degrees F. for 50 minutes. (to test for doneness by inserting a toothpick in the center. It should come out dry.
  7. Allow loaf to cool 5 to 10 minutes before turning out onto a cooling
  8. Serve warm or allow to cool before slicing
- Serving size: -slice /16 servings

Source: adapted from Favorite Recipes for Daily Meals, Washington State University Extension.

# 2021 4-H CALENDAR OF EVENTS

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M A Y 2021	<b>Fairgrounds Chicken BBQ Fundraiser!</b> <b>Friday.....April 30<sup>th</sup> at 6PM –</b> <b>Pre-Orders are welcomed! 391-2660</b>						01
	02	03 4-H Teen Council	04 Heritage Garden Meeting at Fairgrounds	05	06	07	08 Regional Dairy Bowl Contest
	09	10	11	12	13	14	15
	16	17	18	19	20	21	22 Percheron Clinic 9AM at Fairgrounds
	23	24	25 4-H Plant Sale Pick up @ Fairgrounds 10-5PM	26 Market broilers in	27	28	29 4H Camp Open House 11-2PM
	30	31 Office Closed					

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
J U N E 2021	<b>4-H Horse Certificates &amp; All Animal Pre-Fair Registrations Deadline – June 1<sup>st</sup></b>		01	02	03	04 Claudia Hitt Retiring	05 Dairy Rodeo Livestock Rodeo 4H Camp Open House 11-2PM
	06	07 4-H Teen Council	08	09	10	11	12 Ham Radio at Fairgrounds
	13	14	15	16	17 Opening Ceremony for June events 6PM	18 Virtual June Events 18-30 <sup>th</sup>	19 KB Rabbit Show at Fairgrounds
	20 Zerbini Circus at fairgrounds	21 Virtual June Events 18-30 <sup>th</sup>	22 Virtual June Events 18-30 <sup>th</sup>	23 Virtual June Events 18-30 <sup>th</sup>	24 Virtual June Events 18-30 <sup>th</sup>	25 Emily Fusco last day at CCE	26 Ham Radio at Camp
	27	28	29	30	<b>CORTLAND COUNTY JR. YOUTH FAIR</b> <b>July 6-10, 2021</b> 		

**CORNELL COOPERATIVE EXTENSION  
OF CORTLAND COUNTY  
60 CENTRAL AVENUE, ROOM 140  
CORTLAND, NY 13045**

*Mail to:*

**June 1<sup>st</sup> – Deadlines:**

- Non- Owned/Leased Animal Forms and Horse Certificates
- Fair Animal Pre-Registration

<b>2020-2021 SECRETARY REPORTS</b>													
(☉) - Secretary of the Month - (☼) - Secretary Reports Received (on/before the 7 <sup>th</sup> Due Date)													
(✓) - Secretary Reports Received (after the 7 <sup>th</sup> Due Date)      ♦ - New club (not active)													
NAME OF 4-H CLUB	SECRETARY	OCT 2020	NOV 2020	DEC 2020	JAN 2021	FEB 2021	MAR 2021	APR 2021	MAY 2021	JUNE 2021	JULY 2021	AUG 2021	SEPT 2021
Cincy Country Kids					☼	☉							
County Cackleberries													
Dairy Dreamers 4-H Club					☉	☼							
Everything Under the Sun													
Friendly Acres 4-H Club													
Eastern Valley 4-H Club					☼								
Marathon Maple Sugars					☼	☼							
R Own 4-H Saddle club					☼	☼							
Super Seekers 4-H Club													
Tri Valley Pioneers													
4-H Countywide Livestock Club													
4-H Teen Council					☼	☼							

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