# April-May 2018

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### Published by:

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#### 4-H Pledge:

I pledge my Head to clearer thinking my Heart to greater loyalty my Hands to larger service and my Health to better living For my club, my community, my country, and my world.

# CELEBRATE NATIONAL EARTH DAY- APRIL 22ND

Join in with organizations and volunteers from around the world cleaning up communities, park lands, and highways in Cortland County.

You also can get involved in conservation programs, cleaning trash along highways and waterways.

# NEW YORK ARBOR DAY APRIL 27, 2018



The first Arbor Day was celebrated in Nebraska on April 10, 1872, thanks to a resolution proposed by Nebraska City, Nebraska resident J. Sterling Morton. Morton, a civic leader, agriculturist, and former newspaper editor, urged Nebraskans to "set aside one day to plant trees, both forest and fruit." The tree-planting holiday was so popular that by 1920 more than 45 states and U.S. territories annually celebrated Arbor Day. Today it is observed in all 50 states and in many countries around the world.

This is a perfect time to remind you of the benefits of trees:

- Trees clean our air by absorbing common air pollutants.
- Trees improve water quality by reducing rain water runoff and erosion.
- Trees provide shade that protects us from the sun's UV rays.
- Trees provide important habitat for birds and other wildlife.
- Tree rings provide information about historical climate that is not available from scientific records.

New York's state tree is the *Sugar Maple, a tree* known for producing syrup. Learn about other tree species and get practical advice on which trees to plant in New York's temperature zone by checking out the Arbor Day Foundation's Hardiness Zone Map at arborday.org.

COVER SENSE SELECT SELE



# dispatch

# FAIRBOOK COVER DESIGN CONTEST 2018 DEADLINE APRIL 13<sup>TH</sup>



This is another opportunity for 4-H members to do their best work and support the fair.

- 1. Artwork for the drawing must be 8 ½' x 11" sheet of paper.
- 2. Drawings must be done in black felt tip pen erase all pencil lines used to set up the design.
- 3. Please *include in the design*:

# 65TH ANNUAL CORTLAND COUNTY JUNIOR FAIR JULY 10-14, 2018 SPONSORED BY:

CORNELL COOPERATIVE EXTENSION OF CORTLAND COUNTY AND CORTLAND COUNTY AGRICULTURAL CORPORATION

- 4. Final submission is: *April 13, 2018*. *Suggestions*: In your artwork, be sure to include some of the attractions and exhibits that draw our general public to our fair
- 5. *Print on the back of the drawing* sheet with *your name, age and 4-H club* you are a member of.
- 6. All drawings will be used to promote the Fair. The winner of the contest will receive \$10.00 award from the Fairboard committee.

# NATIONAL VOLUNTEER WEEK APRIL 15-21, 2018

In 1974 President Richard Nixon signed an executive order a week noted in April as an annual "*Celebration of Volunteering*". Since then, every U.S. President has signed a

proclamation promoting National Volunteer week to recognize and celebrate the efforts of volunteers at the local, state, and national levels. With this special week at hand, there is not a better time to thank the 4-H volunteers who are the backbone of the 4-H Program in our county.

4-H Leaders, parents, evaluators, coaches, program committee members and the other volunteers who support the 4-H program make the difference in so many people's lives. Volunteers are valuable to our Extension's programs making our youth competent, confident and caring.

We thank you all so very much!

# **WISH LIST**

**4-H** Wish List - Are you spring cleaning out your "stash", or know someone that is? Or would you like to make a donation to the 4-H program?

The 4-H program is always willing to accept items in good condition to help our programming. Items include:

- yarn
- fabric and felt
- craft supplies—all kinds!!
- Glue/glue sticks
- knitting needles/crochet hooks
- sewing supplies
- serviceable sewing machines/sergers
- wooden shapes and lumber
- cooking/baking supplies and cookware
- flower pots, bags of soil, gardening supplies
- other items also accepted—if you have questions just give us a call or email

# Specifically, for fair:

- bagged shavings
- produce/food items for Jr. Iron Chef contest
- board games (with all their pieces)
- kid's books
- coloring supplies

We are also open to adult volunteers that have a skill they would like to teach youth and are willing to run a workshop, or even to do a craft at the fair! Just call the 4-H office and we will be happy to talk with you!

# ANIMAL CRACKERS SATURDAY, MAY 5, 2018

# "Hop To It and Moove It"

The Cornell University Department of Animal Science is pleased to announce Animal Crackers 2018, "**Hop To It and Moove It**", on Saturday, May 5, 2018 on the Cornell University campus.

This year's program will highlight dairy and rabbit topics. 4-H youth 9-12 years old or those with beginner to intermediate knowledge of the covered species are invited to participate.

Interesting, educational, hands-on activities are planned to make Animal Crackers a memorable learning event. Participants will have the opportunity to learn about dairy or rabbit care, biology, and management while having fun participating in a variety of interactive activities, with 4-H'ers from across NYS.

## DAIRY WORKSHOPS INCLUDE:

Holy Cow—Rather than a small stomach like people have, dairy cattle have a different type of digestive system with a large stomach with four parts. Learn more about this special type of digestive system and have a look and feel inside a live cow rumen.

Wet & Dry sheets -Do different types of bedding materials make a difference in warmth and absorption? What types will be best for my calves? My cows? Does the weather outside make a difference? Time to get down and dirty and you decide.

Moo Recycling Center-The dairy cow is a lean, mean recycling machine. She can recycle what goes in and what comes out. Learn about all the different things she can eat and what we can do with the manure.

**Quality Assurance**— As part of the dairy field, we are in the business of producing food. Learning how to read a medicine label, understanding what it all means, and keeping records builds character and creates a responsible animal owner.

Milk Olympics-Learn what it takes make Super Milk and prevent mastitis from udder to bulk tank. Guaranteed to be an udderly good time.

**Doctor Moo**-SubQ and IM, what does that have to do with me and being an animal owner? As a responsible animal caregiver, you might have to give her a shot of medicine sometime. Let's go bananas and learn about giving injections under the skin and in the muscle.

## RABBIT WORKSHOPS INCLUDE:

What's My Type? You will experience an introduction to 5 body types and 4 fur types from an experienced rabbit raiser and judge. What better way to gain hands-on knowledge than from an up close and personal visit with some furry friends?

**Green Genes**-No, these are not the jeans you wear. Learn more about rabbit genes, genetics, colors, and the difference between genotype and phenotype from a 4-H alumni and judge.

**Handle with Care**— Learn about proper care and handling techniques from an experienced raiser. You can become an expert with practice.

**Breed Standards**-The American Rabbit Breeder's Association publishes a book of standards that helps identify many breeds of rabbits and cavies. Learn from a breeder and judge how to select the best.

Can Rabbits Get the Flu? -Join a NYS Department of Agriculture and Markets animal health inspector and learn about common ailments, general health, diseases and how to prevent them.

It's Show Time! Learn from a show registrar how to put on a show. Topics will include show etiquette, organization and other normal routines to expect if you choose to enter the ring/arena

There is a \$15 per youth cost to attend the program - adult chaperones are free. Attendees are asked to bring their own lunch.

# Registration for the event must be done through 4-H CCE office and must be completed no later than April 23, 2018.

All groups must have at least one chaperone per species track. Chaperones are asked to review the chaperone information sheet on the Animal Crackers website:

http://4h.ansci.cornell.edu/events-2/animal-crackers/.

Additional information about the event, as well as the Cornell University campus, can be found on the same website. Mark your calendars for one of the most exciting animal science programs of 2018!

# NYS 4-H FORESTRY WEEKEND MAY 11-13, 2018 4-H CAMP SHANKITUNK

Join youth from across the state for a weekend of forestry activities, games, and competition. This three- day event is for youth aged 10 and up (as well as staff and volunteers) interested in learning more about forests, and to select the NYS team that will go to the 2018 National 4-H Forestry Invitational (must be 14-19 for the national event).

## The Forestry weekend activities include:

- Tree ID
- Tree measurements
- Compass usage
- Map reading
- Insects & diseases
- Geocaching
- Nature games
- Night hikes and more....

Cost is \$43 per person, includes food, materials and cabin lodging (a \$95 value!) Space is limited, so register now!

For questions contact Andrew Randazzo at 518-318-1180 or email: <a href="mailto:adry73@cornell.edu">adry73@cornell.edu</a> – Mr. Randazzo is also looking for volunteers for the weekend events.

http://ccecolumbiagreene.org/nys4-

hforestryweekend or more information about: The National Invitation (July 29-Aug. 2,

2018) in West Virginia go to

http//www.4hforestryinvitational.org/

4-H Camp Shankitunk go to <a href="http://campshankitunk.org/">http://campshankitunk.org/</a> Camp Shankitunk is located at 2420 Arbor Hill Road, Delhi, NY 13753.

# PERCHERON DRAFT HORSE CLINIC – SAT. MAY 19

The Percheron Draft Horse Club is inviting youth and beginners to join in with their club to learn how to:

- Hands on show at halter
- Harness & Driving skills
- Preparing & braiding mane & tails
- Judging the animal

It all starts at 9:00 a.m. at the Cortland Fairgrounds in the Ag. Corp Building. You will be able to hands-on with draft horses and a mini learning how to prep the animal for show and then, you will harness and drive. Club members love to share their love for the draft horse life!

Helmets are required for all youth while participating, along with a \$15 fee to join the group as insurance requirements. Coffee & donuts and lunch will be provided. No need to preregister.

# DAIRY RODEO - SAT. MAY 19TH

At 10:00 a.m. the dairy calf, will be waiting and ready to be introduced to their partners. Then the fun begins! Youth will learn how to prepare your animal for show! Wonderful Volunteers and Teens will be there to assist and help the youth with special interesting tips to help clip, groom, and improve the showing of their animal.

## Each member is responsible to bring:

- 1) Bring a bag lunch no glass bottles
- 2) A rope halter to tie up their animal
- 3) Show halter to use training and show ring
- 4) Two (2) clean buckets (washing & drinking)
- 5) Hay and grain for the animal
- 6) Hose, soap, brushes, and clippers
- 7) Bring \$4.00 for pizza late afternoon

You must <u>register</u> on-line or call the 4-H office. If you have any additional questions you may contact 4-H @ 607-391-2660.

REGISTRATION DEADLINE: FRI. MAY 5<sup>th</sup>! https://reg.cce.cornell.edu/dairyrodeo-2-2 211

# DAIRY AND EQUINE 101! MAY 11-12, 2018 MORRISVILLE STATE COLLEGE

This two-day, one night 4-H Equine or Dairy Camp which will be held at Morrisville State College. 4-H youth ages 13-19 years of age are eligible to participate in this camp/college experience. Equine interested youth will be able to select from two tracts in which they have the opportunity to learn more about English, Western, Racing, & Draft & Driving equine areas. All youth will participate in sessions on breeding and nutrition. Dairy participants will learn

about crops, soils, harvesting and dairy cattle nutrition and reproduction. All sessions will be taught by Morrisville State College faculty and other professionals in the field of equine & dairy. Cost is \$100 per youth participant, \$75 per chaperone.

# To register:

 $\frac{https://pub.cce.cornell.edu/event\_registration/main/event}{s\_action.cfm}$ 

# 83RD ANNUAL 4-H CAPITAL DAYS MAY 20-22, 2018

**2018 4-H Capital Days in Albany** - Are you interested in learning about and experiencing our New York State government first hand?

If you are you should apply to be a delegate to attend the 2018 4-H Capital Days event.

During this year's event, 4-H members, volunteer leaders, and staff will meet with leaders in state government, members of the court system and officials from a variety of state agencies. In addition, they plan to observe a working session of the state legislature and talk with their representatives.

The participants will learn about speaking to their legislators and career opportunities in government as they tour state agencies, participate in discussion sessions, and visit with their legislators.

They will also have opportunities to tour the Capitol and visit the Corning Tower, New York State Museum and other significant features of the area.

# The objectives of the 4-H Capital Days program:

□ To achieve a better understanding of the NYS policy process
 □ To gain a better understanding of state and local government relations
 □ To provide delegates the ability to meet with legislators and tell their 4-H story
 □ To create an awareness of career opportunities in New York State Government
 □ To meet and exchange experiences with

Please contact Rebecca Ireland-Perry to apply for this event. 2 delegates ages 14 and older will be selected to attend this great opportunity.

delegates from other counties.

# 4-H HORSE PROJECT JUNE 1<sup>ST</sup> DEADLINE

- 1. <u>4-H Horse Certificate</u> must be received by 4-H office for each equine by **JUNE** 1<sup>st</sup> of the current year. This form must be signed by the 4-H'er, their parent/guardian and 4-H leader to be considered received and completed.
- 2. <u>Coggins Certificate</u> A current copy of the Coggins certificate for the horse(s) being shown during the 4-H year must be submitted to the Extension office by June 1<sup>st</sup> for any rider to be eligible to ride/show at all 4-H events. A legal Coggins must have a statement by the veterinarian that defines some identifying mark or feature for your horse, distinct from any other horse. "Calendar Year" is Jan. 1-Dec. 31<sup>st</sup>.

2017-2018 calendar years accepted.

- 3. <u>Rabies Certificate</u> a current copy of the Rabies certificate for the horse(s) being shown during the year must be submitted to Cooperative Extension by June 1<sup>st</sup> for a rider to be eligible to ride/show at all 4-H events.
- 4.\*Riding Levels all riders must have a riding evaluation completed before riding in any 4-H Horse event for the project year. (TBA).

# JUNE DAIRY PARADE TUESDAY, JUNE 5<sup>th</sup>

4-H Club floats needed.... for the Annual June Dairy Parade helping to promote agriculture in Cortland Co. Clubs can create a float or a banner promoting "milk", nature's most perfect food. There are many products made from milk. It should be easy to make something that looks like a carton of ice cream, a pound of butter, a glass of milk, a slice of cheese, or a cow.

Your club exhibit doesn't need to cost lots of money or take days to construct. Come and show your enthusiasm for agriculture in Cortland Co.! You will need to pre-register your club entry with the Dairy Promotion chair, Brenda Brooks 753-1593.

# 4-H CAREER EXPLORATIONS June 26-28, 2018 - Cornell University

**4-H CAREER EXPLORATION**: is a three-day event for youth on the Cornell University campus. The purpose of this program is to provide youth with exposure to academic fields and career exploration, to develop leadership skills, to provide hands-on experience in a college setting and to introduce you to Cornell University. The event is made up of two grade specific tracts: University U for youth entering grades 8 - 9 and Focus for Teens for youth entering grades 10 - 12.

UNIVERSITY U Welcomes "U"!! This program offers a series of workshops addressing issues and questions important to "U". This program also offers an introduction to science and technology career opportunities. This past summer, youth involved in the University U program attended six of the following ten tours or workshops: Adventures; Biological Research; Climate Leaders in the Making; Clocks and Codes; Construction of a Crystal Radio; fish PHARM (Bridging the Gap Between Science and Business); Nutritional Artist; and Explorations in Nanotechnology. Participants also have the opportunity to discover Cornell University and the excitement of college life. \*\*Eligibility requirement: Students entering the 8th and 9th grades (or the equivalent) in the fall of 2018.

FOCUS FOR TEENS is a program where teens spend three-days with a specific department or program at Cornell University. The program allows you to have fun while learning about such topics as astronomy; discovering birds and nature exploration; biomedical and environmental engineering; fossil collecting and paleontology; computer science; food science; geospatial sciences (GPS, GIS, Remote Sensing, UAVs); human development; horticulture; mechanical communications; and aerospace engineering; molecular biology and genetics; making for sustainability technology, community, and agriculture; chemical and bimolecular engineering; and more.

\*\*Eligibility requirement: Teens must be entering their sophomore, junior or senior year of high school (or the equivalent) or freshman year in college in the fall of 2018.



# AROUND THE COUNTY......

# REGIONAL DAIRY BOWL

# CORTLAND COUNTY COMPETES AT DISTRICT 4-H DAIRY BOWL

The annual South Central New York District 4-H Quiz Dairy Bowl was held Saturday, March 10, 2018 at the Chenango Forks Elementary School in Broome County. The district is comprised of nine counties including Cortland, Broome, Delaware, Chemung, Tompkins, Chenango, Otsego, Tioga and Schuyler.

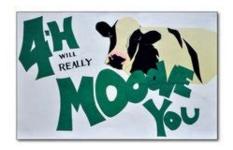
The quiz bowl contest consists of teams of 4-H individuals that are asked questions on any topic related to the dairy animals. Questions on health care, nutrition, management and breeds are all included. The contest is then conducted with 3 phases; individual questions, team questions, and then the toss up or "fastest finger" round.

## Dairy Bowl Results:

Cortland County sent dairy teams in 2-divisions Junior and Senior.

In the Junior division, Cortland was the first place team. Annika Donlick was 1<sup>st</sup> place individual, Elsie Donlick was 3<sup>rd</sup> place individual, and Caylene Russell rounded out the team. Annika and Elsie will go on to compete in the State Dairy Bowl competition at Cornell on April 28<sup>th</sup>.

In the Senior division, the Cortland team consisted of Donovan and Thornton Allis, who combined with participants from Chenango Co. to make a team.



# 4-H PUBLIC PRESENTATION

4-H Public Presentations provide a means for young people to practice their speaking and organizational skills in a way that will help make them comfortable and poised in front of an audience. Beginners are encouraged to select simple topics with which they are familiar to make the demonstration process the focus of their effort, without the stress of learning about an unfamiliar topic. As they progress each year, they are challenged to try a more difficult subject and to venture into other presentation styles.

2018 saw 22 presenters, ages 5-15, participating in Cortland County. On the evening of February 28, at the 4-H office hosted the first of two program for the young people.

Awards were presented as follows: <u>Illustrated</u> <u>Talk</u>: AbiGail Smith blue award, Damian Mathy Cloverbud award, William Mathy gold award, Aida Bosket red award, Lois Rose-Whaley blue award; <u>Demonstrations</u>: Caleb Smith blue award, Nathaniel Mathy gold award, Morgan Scales Gold award, Alice Tylutki Gold award, Annabelle Bosket red award; <u>Formal Speech</u>: Gabryella Russell Cloverbud Award, Caylene Russell gold award; and <u>Interview</u>: Ryleigh Scales Gold award.

County PPP: On Saturday, March 3<sup>rd</sup> at the Homer Intermediate School awards were presented to: *Illustrated Talk*: Eli Donlick Cloverbud award, Lexi McCall red award, Katie Champion Cloverbud award, Erika Olsen gold award, Elsie Donlick gold award, Ryan Champion blue award; *Demonstrations*: Hailey McCall blue award, Nate Crispell blue award; and *Interview*: Avery Gordinier gold award.

In the Danish System of evaluation against an ideal, a Blue indicates an Excellent award, Red is Good, and a White is Worthy. A Cloverbud level presenter (aged from 5 up to 8), is given constructive comments are given with a Green participation award. A Gold award is given to those Blue level presenters who have done an outstanding job and been selected to go on to the County Level, which may then qualify them for District competition on March 17<sup>th</sup>.

Teen Evaluators who assisted this year were: Emily Lehman, and Michaela Clark; Room Host: Annika Donlick and Adult volunteer judges were JoEllen Roehrig, Pat Twentyman, George Stack, Audrey Schuttak, Valerie Weisbeck, Brendan Tarantino, Olivia Hersey and Jeff Perry.

**District Presentation Special Recognition** to 4-H'ers on Saturday, March 27<sup>th</sup> the District Presentations were held in Chenango Forks and awards were presented to:

Seniors: *Interviews*: Avery Gordinier Blue award —is going on to NY State 4-H Communications Institute in June and Demonstration: Alice Tylutki Red award.

Juniors: <u>Demonstration</u>: Morgan Scales Blue award; <u>Illustrated Talk</u>: Erika Olsen green award, Elsie Donlick blue award; William Mathy Silver award and Caylene Russell received a Red award.

Congratulations to all!

## FAIR OPPORTUNITIES



Junior Supers are 4-H age 10-18, and will receive a premium. Supers must have greater knowledge of 4-H and how the county fair operates. You will need to be available a minimum of 12 hours during fair, so that you can organize the area when exhibits are brought in, working with the judge's assistants, making sure the judge has what they need and work closely with the area superintendent.

<u>Judges' Assistants</u> are 4-H'ers at least 8 years old and willing to help judge during the judge processing the 4-H youth building. This mostly includes bringing exhibits to the judge to be evaluated, helping with the comment sheets, ribbons, entry cards and returning them back to their location. They will receive goodwill and many thanks, along with some valuable experience!

Please contact Becky 607-391-2660 at the 4-H office by June  $15^{th}$ .

# **SECTION 15 - SPECIAL CONTESTS**

(New)!

# # 170: 4-H CLUB DISPLAYS - Pink Entry Card Club displays must be set up & on display in the 4-H Youth Building on TUESDAY- 5:00 PM!

- You will be judged on this contest is intended to showcase the work of your 4-H Club.
- You may use it to spotlight a special project, a community service effort, promote 4-H to the general public, or raise awareness of any special area in which your club is working.
- The idea is for clubs to provide interesting and informative displays that showcase the variety of opportunities available and to demonstrate that 4-H Connects Kids to Cornell! Youth and the clubs should also incorporate text to help fairgoers understand what 4-H Youth Development is about.
- ◆ Extra Credit tying into 2018 Theme: You will be provided a display area, approximately 6' X 8' and a table.

# ALL CLUBS MUST PRE-REGISTER BY JUNE 22<sup>nd</sup> .... 4-H OFFICE.

♦ Creativity ♦ Neatness ♦ Promotion of 4-H.

County & State Fair Theme is: "4-H Grows Here".

(New)!

# #171: 4-H CLUB BANNERS – Pink Entry Card (IN PLACE ON TUES., JULY 10<sup>TH</sup>)

- Size: 2' x 4' foot minimum and designed to hang vertically or horizontally or be carried horizontally.
- A banner must be made of fabric or a material that will hang, and can be 1 o4 2 sided but only the design on one side of the banner will be judged. A club must indicate which side of the banner they would like judged. Any assembly technique may be used. Designs may be painted glued or sewn, however all decorations and lettering on the banner must be securely fastened. Banners may not be commercially made and must be made in the current 4-H year. Banners should be a work of the 4-H club members.
- Clubs name must be visible on the banner
- A banner must be completed and equipped with a dowel and yarn or rope tied on the dowel for hanging.
- A banner can carry words, pictures & messages to be shared with others and must include the 4-H clover (used appropriately).
- A 4-H banner allows clubs to make statement and express their feeling about 4-H involvement by emphasizing; joining 4-H, a project, benefits of involvement in 4-H, the local club, Cortland County 4-H or 4-H in general
- One entry per 4-H club (state fair eligible)
- Banners will be judged based on creativity, neatness, attractiveness and unique representation of 4-H.

## **SPECIAL FOODS CONTEST** - Pink Entry Card

(In Place on Thurs. July 12th 10AM)



#174: <u>FRUIT SALAD</u> – prepare a fruit salad recipe incorporating NYS Grown Produce.

- Must provide recipe and source
- Must include statement which tells where the foods are grown in NYS.
- Provide a brief nutritional statement, preparation or recipe adaptation if made, and explain the important of local foods relative to health, economy, etc. The exhibit will be judged on info and flavor, as well as creativity and appearance.
- Any items requiring refrigeration will be sent home with exhibitor after judging.

## #177: SHOE BOX FLOAT - Pink Entry Card

**Everybody loves a parade....float!** Who has the best design? Impress the judges with the finest shoebox float in the fair!



# This Year's Theme!

"65 YEARS OF CORTLAND FAIR"

- Your float must be made from a traditional cardboard shoebox no larger than 10"x14" and limited only by your imagination.
- Decorations on the box should not exceed 15" tall.
- Limit: 1 per age class; not a state fair eligible.
- Entries will be judged on creativity/originality, appearance, representation of theme, workmanship and difficulty factor.

# OTHER CONTEST AT FAIR WEEK!

## USE PINK ENTRY CARDS

- #172 Heritage Garden Project "Birdhouse Gourds"
- #173 Animal Costume Contest (Wed 6PM)
- #175 Creative Place Setting Contest (Thurs 3PM)
- #176 Jr. Iron Chef Contest (Fri. 3PM)
- #178 Decorated Cakes Contest (Fri 3PM)
- #179 Horticulture Knowledge Contest (Sat 12PM)
- #180 Poultry Knowledge Contest (Sat 10:30 AM)
- #181 Wildlife ID Contest (Sat 9AM)
- #182 Tree ID Contest (Sat 9AM)
- #183 Tractor Operator Contest (Sat 10:30 AM)
- #184 Tool ID Contest (Sat 9AM)
- #185 Dairy cattle Judging Contest (Sat 11:30AM)
- #186 Dairy Challenge Contest (Sat 12:30 PM)

# SECRETARY REPORTS

# Secretary of the Month January 2018 Mary Rose- Cincy Trailblazers

Cincy Trailblazers – Mary Rose- the group met for a business and project meeting in January. They discussed the public speaking program, and worked on ideas for topics. The club painted a winter barn picture on old glass bottles, and voted to take a trip to Corning Museum of glass.

R Own 4-H Saddle Club – Megan Robison-Meeting held on January 17th, Members planned a family dinner, they made chicken and biscuits with hot fudge brownie sundaes for dessert. Thank you to Missy Adams for helping with the meal planning and cooking. No treasure report. Having a sip and paint party on February 9th, planning tack auction in April. On March 3rd & 4th, members and leaders will be attending the Horse Expo in Pa.

Cincy Country Kids — Katie Metcalf - the meeting was called to order on January 21<sup>st</sup> with 10 members present. Treasurer, report by Jackson Southern shows a \$55.00 with no receipt or expenditures and showing a balance of \$55.00. New Business: next meeting is set for February 18<sup>th</sup> to decorate birdhouses that they made at the January meeting. Closing pledge was led by Blaine DuVall, and motion to adjourn by Jackson Southern & 2nd by Maci Crothers.

Marathon Maple Sugars – no meeting held for January. Started preparations for Maple fest. Treasurer repot \$910.36; next meeting Feb. 19<sup>th</sup>.

Teen Council—Michaela Clark (January) no meeting held, plans to do ice skating at the McDonald Sports complex. (December) making cookies and Christmas Cards for hospital and Nursing home. (November) talked about Achievement Night, thoughts on trip destination and more ideas for fundraising. And First aid demonstration by Maradi Wehner. (October) looking at dates coming up with helping out in programming areas. Ag Trivia, Achievement Night at the Cortlandville Grange, 4-H Farm Skit, and helping at the Draft Horse Sale food booth. (September) talked about fair — food booth and sales. Had extra ice cream left over and will

donate to Ag Trivia which is a program that provides programs for fair and scholarships from Farm Bureau. Food booth choices for 2018 Fair, Nachos, soft serve and no breakfast until Friday. Officer elections results: President Sonya Helms, Vice President – Emily Lehman, Secretary Michaela Clark and treasurer Rachel Eichorst. They completed a survey of different activities to do in Teen Council this year.

# Secretary of the Month February 2018 Michaela Clark, Teen Council

Teen Council—Michaela Clark — club member met on February 5<sup>th</sup> to plan their club trip to Salem, MA during Easter weekend, March 30<sup>th</sup>. Each member will pay \$50 towards their trip this year. Public Presentations are on Feb 28<sup>th</sup> and March 3<sup>rd</sup>, members have signed up to help as host.

Cincy Country Kids – Tess Campbell– no meeting held due to illness with families.

Friendly Acres – Caleigh Stone – club members met on February 25<sup>th</sup> with report from treasury and they discussed the Public Presentations, dairy bowl, tractor safety program and plant sale fundraiser and participated in the Hoards Dairyman Judging contest. Some of the older members were asked to join the fair board as a junior Fairboard members. New Officers were elected. President Sean Quail, Vice President, Elyse Butts, Secretary Caleigh Stone, Treasurer Jadyn Poli and Song Leaders Evan Butts and Trent Greenfield. For March meeting to tour a maple syrup shack and learn the process of making syrup and visiting a Cornell Lab in April.

Cincy Trailblazers – Mary Rose – reports that the club met on February 17<sup>th</sup> for a sewing project, and they plan to go to a hockey game on March 2rd and on March 25<sup>th</sup> a trip to the Corning Museum of glass.

Marathon Maple Sugars – club members met on Feb. 19<sup>th</sup> planning their menu for the Annual Winter Family Dinner to be held on March 3<sup>rd</sup>. They baked two desserts for the dinner (to be frozen). Looking forward to the Maple Fest, they worked on getting everyone scheduled to work in the Maple Sundae Booth. Treasure report is \$892.65. March Activity – Maple Fest.



Sessio	n & Dates	Theme of the Week
Week 1	July 1-6	Spirit Week
Week 2	July 8-13	Super Hero
Week 3	July 15-20	Magic Academy
Week 4	July 22-27	Science – Full STEAM Ahead!
Week 5	July 29- Aug 3	Caribbean Mystery Cruise
Week 6	Aug. 5-10	Olympics

DAY CAMP – youth ages 6/older: for those campers who want the 4-H camping experience, but who don't want to miss the action back home! As a day camper you participate in all the same activities as the Resident Campers with no limitation or restrictions... each Thursday we offer a sleepover for all day campers who want to try out the sleep-away experience. Transportation is offered for local youth to camp each day, as well as lunch and snacks.

RESIDENT CAMP – youth ages 8 /older: known as our traditional overnight camping experience, we provide the opportunity for your child to grow, learn and experience new and exciting activities. Resident campers explore many different activities and immerse themselves in the weekly theme, all while making new friends with their cabin mates. Your child will never forget the experience.

Tent Camp – youth ages 8 /older: is a nature intensive program where campers sleep in a tent outdoors each night and have their own special campfire each evening! They will have the opportunity to cook two of their own meals over a campfire each day while learning outdoor living skills. Campers will have access to running water, hot showers, and be able to participate in the weekly themes and many of the activities for all campers.

# Registration is available Online!

Visit: www.4-H Camp.org

*4-H CAMP OPEN HOUSE:*MAY 26<sup>TH</sup> AND JUNE 9<sup>TH</sup> 1-4 P.M. - Locations and information coming.

## RECIPES OF THE MONTH

## LOW-FAT RANCH DIP WITH VEGETABLES

*Ingredients*:

½ of 1 oz. packet ranch salad dressing mix

½ cup low-fat sour cream

1 cup plain low-fat yogurt

1-pound baby carrots

Raw vegetable for dipping: broccoli or cauliflower florets, red or green bell pepper slices, cucumber slices, cherry tomatoes, etc.

#### Instructions:

- 1. Combine salad dressing mix, sour cream and yogurt in small bowl; mix well
- 2. Arrange prepared veggies on plate or tray
- 3. Dip vegetable and enjoy

Source: CCE of Cayuga County

#### **CRUNCHY BANANAS**

*Ingredients*:

2-medium sized bananas, cut in ½-inch pieces (about 20 slices total).

½ cup Orange Juice

1 cup unsweetened cereal

#### Instructions:

- 1. Dip banana chunks into orange juice
- 2. Roll in cereal
- 3. Insert a toothpick into each slice

Source: nutrition & health programs recipe collection, CU Cooperative Extension – NY City 2006 2006Cornell University

# 2018 4-H CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
<b>APRIL 2018</b>										
01	02 TEEN COUNCIL MEET 6:30 PM 37 CHURCH ST.	03	04	05 TRACTOR SAFETY 6:30-8:30PM	06 JP NORTH TACK SALE FUNDRAISER	07 VET SCHOOL OPEN HOUSE CORNELL U *MAPLE FEST				
08 *MAPLE FEST	09	10	11	12 TRACTOR SAFETY 6:30-8:30PM SPRING HOLSTEIN BANQUET	13 DEADLINES: FAIRBOOK COVER CONTEST  DUCKY DERBY TICKETS	14 4-H STARR RETREAT 13-15 <sup>TH</sup> State HorseBowl @ Morrisville				
15 NATIONAL	16 <u>VOLUNTEER</u>	17 FAIRBOARD MEETING WEEK	18 HERITAGE GARDEN WKSHOP BIRDHSE 6:30PM	19 4-Н	20 4-H TRIP VERMONT	21 4-H TRIP VERMONT				
THE BIG EVENT CORT SUNY	23 SCHOOL	24 BOARD MTG. VACATION	25 WEEK	26 TRACTOR SAFETY 6:30-8:30PM	27	28 STATE DAIRY BOWL				
29 4H Horse Sweeney's	30									

SUNDAY	MO	NDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			I	<b>MAY 201</b>	8		
			01	02	03	04	05 Animal Crackers @ Cornell Boy Scout @ Camp BBQ-Little League
06 BBQ Roller Derby	07		08	09	10	Boys Scouts McGraw Pack 4-H Camp Owahta	12 Boys Scouts McGraw Pack 91 4-H Camp
13 Boys Scouts McGraw Pack 91 4-H Camp	14		15 FAIRBOARD	16	17	18	19 Percheron Clinic Dairy Rodeo NBA Rabbit Show
Clinic @ Sweeneys 11-1			MEETING				BBQ- MVG
20 4-H Capital Days 20-22 <sup>nd</sup>	21		22 4-H Plant Sale Pick Up @Fairgrounds Board mtg.	23	24	25	26 OPEN HOUSE 4-H CAMP OWAHTA 1-4 PM- LOCATION TBA
27	28	HOLIDAY OFFICE CLOSED	29	30	31	and Animal ow	Animal Certificates nership – deadline.  Dairy Parade

CORNELL COOPERATIVE EXTENSION OF CORTLAND COUNTY 60 CENTRAL AVENUE, ROOM 140 CORTLAND, NY 13045

Mail to:			

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	Secretary of the Mo												
,	) - Secretary Reports							w club (n		/	1		т
NAME OF 4-H CLUB	SECRETARY	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT
County Cackleberries 4-H Club													
4-H Cincy Trailblazers	Cassandra Russell Mary Rose	\$	\$	2	0	2							
Cincy Country Kids	Jaymie Closson Katie Metcalf		☺		2	2							
Eastern Valley 4-H Club													
Friendly Acres 4-H Club						2							
Happy Hoppers													
Marathon Maple Sugars 4-H Club	Kristi Walley	<b>©</b>	2	2	2	2							
New Penn Farms	Jeanetta Laudermilk	2											
R Own 4-H Saddle Club	Megan Robison	2	\$	<b>©</b>	2								
Red Clovers 4-H Club													
Super Seekers	Christel Donlick	2	2	Z									
4-H Teen Council	Michaela Clark	✓	<b>*</b>	<b>✓</b>	2	©							
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# Website: cortland.cce.cornell.edu

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