

March 2017 Issue

Youth Tractor Safety Course	Page 1
County PPP – March 18	2
Deadlines Approaching	2
4-H Plant Sale Now Happening	2
Animal Crackers Program	2
Fairbook Cover Design Contest	3
4-H Club Displays	3
Save Your PPP Posters for Fair	3
Heritage Garden Project	3
New 4-H Resources!	4
Window boxes & Planters	4-5
4-H Camp Owaha	5-6
Miss Kitty's Egg Salad Sensation	6
Secretary Reports – November	6
March & April Calendars	7
Secretary Reports Summary	8

4-H Pledge:

*I pledge my Head to clearer thinking
 my Heart to greater loyalty
 my Hands to larger service
 and my Health to better living
 For my club, my community, my
 country,
 and my world.*



Published by:

**Cornell Cooperative Extension
 of Cortland County, 60 Central Avenue,
 Room 140, Cortland, NY 13045**

4-H Program Committee:

Joan Ann Lehman (Tink)

Matt Sharpe	Joel Riehlman
Martha Bush	Jennifer Oats
Mary Mackey	Yvonne Moore

CCE Phone: 607-391-2660
Fax 607-391-2680

Website:

<http://cortland.cce.cornell.edu>

CCE Staff:

David Rutherford	Executive Director dcr25@cornell.edu
Rebecca Ireland-Perry	4-H Team Leader rl3@cornell.edu
Heather Birdsall	Ag/Livestock Educ. hbb6@cornell.edu
Claudia Hitt	Horticulture Educ. cwh7@cornell.edu
Jackie Hartnett	Admin.Assist/Horse jd28@cornell.edu

MARCH 2017

**YOUTH TRACTOR
 BEGINNER SAFETY
 PROGRAM**

COURSE STARTS ON

MARCH 16, 2017



Youth who are 14 years of age are required to have their safety certificate before being employed to work on farms.

The Cortland Co. 4-H program is offering youth ages 14 & older an opportunity to be certified for farm employment, including the operation of farm tractors and machinery.

**The course will begin on March 16th
 at the Cazenovia Equipment,
 3892 US Route 11S, Cortland, NY 13045.
 6:30-8:30 p.m.**

This course is only held once a year. Youth 14/older are encouraged to attend.

A fee of \$30.00 per enrolled 4-H member
 \$35 for non-enrolled 4-H member.

Fees cover cost of materials used in the course.

Enrollment is limited to 20 participants and required to attend the (9) training sessions.

Contact Rebecca Ireland-Perry at 391-2660.

THE 4-H MONTHLY NEWSLETTER FOR CORTLAND COUNTY

clover  **dispatch**

“WHATS HAPPENING IN 4-H”

ANIMAL CRACKERS PROGRAM



PUBLIC PRESENTATIONS PROGRAM - COUNTY LEVEL SATURDAY, MARCH 18, 2017

9:00 A.M.

HOMER INTERMEDIATE SCHOOL

Don't forget to register for your presentations, please go to the registration page at:

https://reg.cce.cornell.edu/2016PPP-2_211

DEADLINES ARE APPROACHING:

1. PPP Registration - March 8th
2. NYS Guernsey: Calf Scholarship Mar 1st
3. NYS Guernsey: Achievement Apps - Mar 1st
4. 4-H Plant Sale Orders Due Mar 6th
5. Tractor Safety starts Mar 16th
6. Broilers – Market Bird Orders - Mar 15th
7. Hoards Judging Contest - Mar 24th
8. Henry Thomas Calf Scholarship- Mar 15th
9. Animal Crackers Registration - Apr 1st
10. Fairbook Cover Design Due – Apr 14th
11. Secretary Reports Due on the 7th of each month to the 4-H office.

4-H PLANT SALE IS NOW HAPPENING.....



Plan now for your summer garden, Jr fair entries and community service projects! We urge you to take advantage of those opportunity to grow old standards and well as more unusual plant varieties.

Plants are grown and supplied by Jacquie Closson's "A New Leaf Greenhouse".

Call the office or go to the website to download your order form.

DEADLINE FOR ORDERS: MARCH 6TH

MAY 6, 2017 AT CORNELL UNIVERSITY CANINE & EQUINE



4-H & pinterest clipartsources

When/Where: This Saturday workshop is held every May on campus at Morrison Hall for 4-H members interested in learning more about their favorite livestock, companion or pet animal species; emphasis on different species groupings and activities varies annually.

Who: 4-H members (*suggested age range 9-12*) are encouraged to attend (with their parents or chaperones). Participants will get to meet Cornell faculty and students, learn about different aspects of animal care, interact and exchange information with professional producers, industry experts, and more! Hands-on workshops are planned for each species group.

Why: Animal Crackers participants have the unique opportunity to experience hands-on activities in a university setting, explore career options in animal science, and expand their knowledge in scientific inquiry.

How: Please contact the Cortland Co.4-H office to register by April 1st.

Cost: The cost of \$15.00 per youth that attends is payable to Cortland Co. 4-H at the time of registration; the fee is non-refundable.

Participants must bring bag lunch and drinks
Registration due April 1st. On-line registration:
https://reg.cce.cornell.edu/ccecortlandanimalcrackers-2_211



FAIRBOOK COVER DESIGN CONTEST 2017



This is another opportunity for 4-H members to do their best work and support the fair.

1. Artwork for the drawing must be 8 ½" x 11" sheet of paper.
2. Drawings must be done in black felt tip pen erase all pencil lines used to set up the design.
3. Please *include in the design*:

**64TH ANNUAL CORTLAND COUNTY
JUNIOR FAIR
JULY 4-8, 2017
SPONSORED BY:
CORNELL COOPERATIVE EXTENSION OF
CORTLAND COUNTY AND CORTLAND
COUNTY AGRICULTURAL CORPORATION**

4. Final submission is: **April 14, 2017.**
Suggestions: In your artwork, be sure to include some of the attractions and exhibits that draw our general public to our fair.
5. **Print on the back of the drawing** sheet with **your name, age and 4-H club** you are a member of.
6. All drawings will be used to promote the Fair. The winner of the contest will receive \$10.00 award from the Fairboard committee.

4-H CLUB DISPLAYS

Have you started to plan your 4-H Club Display for fair this year? Gather up your pictures, or start taking some, and get your club to start planning a display.

We would like to plan on every club having a display to promote 4-H at the fair this year. Let's show everyone all the great things our 4-H members are doing!

Our theme is: **"4-H Grows Here"**.

- **Fair class: Section 15, Class 170**

SAVE YOUR PUBLIC PRESENTATION POSTERS!

For those of you interested in entering your poster as a Cortland Co. Jr. Fair exhibit and/or in doing your presentation at the fair – **save your poster!**

4-H Public Presentation Poster – Poster(s) used for current year presentation; (poster min. size 14" x 22" – acceptable to use both sides of poster). If presentation includes more than one poster, enter as one exhibit. The poster will be evaluated on content, illustrations, organization, clarity, visual appeal and readability.

Fair Class: Section 26, Class 423C



**2017 HERITAGE GARDEN PROJECT -
MARCH 29TH 6:30-8:30
AT 37 CHURCH STREET CORTLAND, NY.**

Theme: "The Three Sisters"

Three Sisters is an Iroquois planting system where corn, bean and squash are planted together as companions.

Each participant will receive "The Three Sisters – Exploring an Iroquois Garden" publication and seeds. The publication has history, stories, growing tips and recipes.

There will likely be no produce to show at fair, but we have listed categories to support this project by divisions.

- A collection of 3 recipes that must include at least one of the Three Sisters (*Cloverbuds only*).

(Junior & Seniors):

- A Scrapbook that will include: plant names & varieties, growing conditions, seed packets and a minimum of (2) pictures per plant showing project progress with captions.
- A craft project using products from one of the Three Sisters such as corn husk dolls, seed art, etc.
- A Photo Story Board
- A Painting – illustrated and captioned
- A Creative Writing paper about the Three Sisters.
- Food prepared from corn for tasting that includes the recipe used.
- Science experiment involving one or more of the Three Sisters plants.
- **Clean Up** – Garden at the Fairgrounds May 20th.

NEW 4-H RESOURCES!



What Is STEAM?

Science-Technology-Engineering-Art and Math

In STEAM Clothing 1: FUNdamentals, youth will gather the tools they'll need to begin sewing, understand textiles through fun science experiments, learn beginning math and engineering techniques in clothing construction, and take their skills a step further, investigating businesses, service learning projects, and modeling. This curriculum is a *combined leader/youth guide*, with pages to print off for youth to complete as part of the activities. FUNdamentals also introduces youth to the idea of a portfolio to document their work and track their progress as sewers by creating samples. Ages 8-10. 161 pages.

In STEAM Clothing 2: Simply Sewing, youth will prepare for more advanced sewing techniques and projects, conduct more advanced textile science experiments, focus on advanced engineering techniques, add finishing touches and style to garments, and market and calculate prices of products. This curriculum is a combined leader/youth guide, with pages to print/copy for youth to complete as part of the activities. Simply Sewing builds upon the skills learned in FUNdamentals and continues the development of the portfolio. 198 pages.

In STEAM Clothing 3: A Stitch Further, youth will learn the advanced, couture techniques used by designers to create unique garments. Youth will take the science of textiles a step further, and learn to sew garments with challenging patterns and fabrics, couture sewing techniques, and how to sell your professional-looking garments and accessories. 172 pages.

In Beyond the Needle, youth will learn all about the 'A' in STEAM Clothing -- the Art! This youth manual includes activities for three skill levels: beginner, intermediate, and advanced. Youth will learn the design basics and create a portfolio to exhibit samples made to practice specific techniques. Youth create their own fabulous embellishments and treatments on garments. If you love art, then this STEAM Clothing manual is for you! Ages 8 and up. 138 pages.

WINDOW BOXES AND PLANTERS



It's time to plan your window box for fair this year. Be sure to look over the 4-H Plant Sale list and order form to order some plants for your containers.

If you are planting a container or window box for fair, one of the conditions for these classes is the planting date. Plants that are used in these should be planted prior to June 1st. This is true for the State Fair classes as well. And don't forget the Window Box Class in the Horticulture Building.

The largest size for the window boxes that enter the Window Box Classes is 30" long, 10" high, and 10" deep. Containers for window boxes and container gardening should blend in and be part of the exhibit, not be the focus point. It is considered during judging.

The judges will be looking for several things in the window boxes and planters:

Variety – use different annuals such as alyssum, petunia, marigold, pansies, geraniums, coleus, etc.

Colors – complementary and contrasting, get ideas for colors from a color wheel.

Habit – how the plant grows, its shape and size.

Texture – fine, coarse or medium, spiky or mounded - a variety is pleasing

Bloom time – ever blooming is a plus, dead heading is a must, look for plants that flower all year.

Plant requirements – use plants that have similar requirements for sun, soil, and water.

Design – how you have used the above to create an overall shape to your plantings. Symmetry works well – a center point with mirror images on each side.

Condition – the plants in your exhibit should be in beautiful condition, trim overgrown plants back, well before fair so that they are looking their best by fair time, fertilize at least every other week. Hand pick spent blossoms and seed pods to keep the plants blooming and in good condition. Remove old brown or yellowed leaves and any other poor looking material. Remove debris from the soil. All containers should be clean, and insect and disease free. Use a moisture control soil with a hydro gel product in it that will hold water for longer periods of time. Sometimes at fairs plants do not get watered as they should and this type of soil-less mix can hold water longer and help your exhibit look its best. How will your planter winterize? In the fall geraniums die from frost and cold. Take cuttings from yours and place them in water to form roots on the window sill, plant in pots after roots have formed. For window boxes there is a front and a back, you need to plant taller plants in the middle of the box and shorter and/or hanging plants in the front. Planters should be well designed from all sides, all the way around. For other ideas on form and design contact the Extension office at 607-391-2660.

4-H CAMP OWAHTA

4-H CAMP OWAHTA DAY AND RESIDENT FEES:



4-H Camp Owahta is owned and operated by the Cornell Cooperative Extension of Cortland Co. Camp Owahta is a beautiful facility that is available year-round to students, churches, youth groups and families in the CNY region.

Throughout the year, environmental awareness programs are offered at this distinctive outdoor education center.

OPEN HOUSE - MAY 27TH AND JUNE 10TH 1-4PM



Est. 1952
4-H Camp Owahta
Cortland County, NY



4-H Camp Owahta the most affordable 4-H day and resident camp in the entire state. As a non-profit, educational organizations we work very hard to make sure each family has the most enriching experience that camp can offer.

DAY CAMP - \$200 per session weeks 1-5 – Olympic Week 6 is \$210 – is for campers (ages 6-16) who want the 4-H camping experience, but who don't want to miss the action back home. As a day camper you will participate in all the same activities as the Resident campers with no limitations or restrictions. Each Thursday, we will offer a sleepover for all Day Campers who may want to try out the sleep-away experience. We offer transportation for local Cortland youth to camp each day, as well as lunch at no extra cost.

RESIDENT CAMP (overnight) \$280.00 per session weeks 1-5 and **Olympic Week 6 is \$290** – Resident Camp is our traditional overnight camping experience for ages 8-16. We will provide the opportunity for your child to grow, learn and experience new and exciting activities in the safety of our supervised program. Resident Campers explore many different activities and immerse themselves in the weekly theme, all while making new friends with their cabin mates. Your child will never forget the experience.

TENT CAMP - \$280.00 per session (weeks 1-5). Tent Camp is a nature intensive program where camper (ages 8-16) will sleep in a tent outdoors each night and have their own special campfire each evening! Campers will have the opportunity to cook two of their own meals over a campfire each day, while also learning outdoor living skills. Campers will have access to running water, hot showers and be able to participate in the weekly themes and many of the activities for all campers.



2017 4-H CAMP SESSIONS DATES & THEMES:

SESSION 1: (JULY 2-7) - FANTASTICAL BEASTS WEEK- Come out to kick off the first session of Summer 2017 by exploring the wild world of fantastical beasts. From farm animals to forest animals, with a few surprise visitors in between!

SESSION 2: (JULY 9-14) - SCIENCE WEEK - Full STEAM Ahead! Unleash your creativity as you explore the wonders of science, technology, engineering, art and math in a week of adventures where imagination rules.

SESSION 3: (JULY 16-21) - CARIBBEAN MYSTERY CRUISE - Pack your suitcase, get your sunscreen on and hop on the "HMS Owahta" bound for session 3! During our cruise we'll be stopping by the many islands and meeting the people who live there while dancing, and having a party until the ship comes back to port. However, a mystery awaits you... Join us to help solve it!

SESSION 4: (JULY 23-28) - SUPERHERO WEEK - grab your capes and masks, and prepare for a supercharged week of non-stop action! The City of Owahtaville has been invaded by the ultimate crime villain and everything has been turned upside down! Is there any hope left? It's up to our favorite superheroes to save the day! - but as always a superhero is only as good as their secret identity! are you up to the challenge?

SESSION 5: (JULY 30-AUGUST 4) - MAGIC WEEK - We are going to cast a spell on you.... We have transported ourselves to the magical world of love and witnessing all of the amazing things that bound around here. Make friends with all of the creatures of this world, and join your friends in protecting the wizarding world against the "Dark Arts".

SESSION 6: (AUGUST 6-11) -"OLYMPICS WEEK" - On your mark, get set, GO! **The race for our 25TH Annual Olympics.** Will this be the year you go down in the record book? Help bring your country to glory, all while enjoying the camaraderie of your friends!

Scholarships are available, applications can be found at www.4hcamp.org



MISS KITTY'S EGG SALAD SENSATION

Makes 4-servings by: Eva Farley, South Dakota

Ingredients:

8 large eggs
½ teaspoon dried dill
1 cup Greek yogurt
¼ teaspoon sea salt



1 teaspoon brown mustard
¼ teaspoon freshly ground black pepper
4 whole-wheat buns
(Use Greek Yogurt instead of mayo & sour cream)

Preparation:

1. Fill a saucepot with water and add the eggs. Cook over high heat until the water boils. Remove the pot from the heat and let the eggs sit in the water for 10 minutes. Drain the eggs and place them in a bowl of cool water, peel shells off the eggs.
2. In a large bowl, combine the eggs, yogurt, mustard, dill, salt and pepper. Gently mash and stir until well combined. Place ½ cup egg salad on the bottom of each whole-wheat bun, top with the other half of the bun, and serve.

SECRETARY REPORTS

SECRETARY OF THE MONTH MARATHON MAPLE SUGARS MONTH OF NOVEMBER 2016

MARATHON MAPLE SUGARS – the club met twice in November on the 14th and 28th. They made birdseed ornaments and they made 15 dozen cookies to give to the Marathon Village Christmas baskets. On the 19th they attended the Holiday workshop. No meetings planned for December.

COUNTRY EXPLORERS – (Rylee Thomas) the club met twice in November on the 13th and 19th. They baked mini pumpkin and apple pies, created beautiful cards for veterans & legion and club members attended the Holiday workshop in Homer.

CINCY TRAILBLAZERS – (Mary Rose) The club got together and took photos as a group. They plan to go to Achievement Night and making plans deciding what to do for Christmas service.



2017 4-H CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MARCH 2017			01 4-H PLANT ORDERS DUE	02 DAIRY BOWL PRACTICE	03	04 MASTER GARDENERS MEETING 9-4
05	06 TEEN COUNCIL MEETING 6:30 PM 37 CHURCH ST.	07	08	09 DAIRY BOWL PRACTICE	10	11 REGIONAL HIPPOLOGY AND QUIZ BOWL HORSE & DAIRY
12	13	14	15 MARKET BROILER ORDERS DUE	16 TRACTOR SAFETY STARTS 6:30-8:30PM CAZENOVIA EQUIP- POLKVILLE	17	18 MARCH DOG MADNESS COUNTY PPP
19	20	21 FAIRBOARD MEETING	22	23 TRACTOR SAFETY 6:30-8:30PM	24 DAIRY DISCOVERY TEEN COUNCIL TRIP	25 DAIRY DISCOVERY TEEN COUNCIL TRIP
26	27	28	29 4-H HERITAGE GARDEN WKSP 6:30-8:30PM 37 CHURCH ST.	30 TRACTOR SAFETY 6:30-8:30PM	31	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APRIL 2017					01 *Cornell Vet Open House *Marathon Maple Fest *Tack Sale at Lone Birch Stables *Regional District PPP *Deadline to Register for Animal Crackers	
02 MAPLE FEST	03 TEEN COUNCIL MEET 6:30 PM 37 CHURCH ST.	04	05	06 TRACTOR SAFETY 6:30-8:30PM	07	08 STATE HORSE BOWL
09	10	11	12	13 TRACTOR SAFETY 6:30-8:30PM	14 DEADLINE FOR FAIRBOOK COVER DESIGN CONTEST	15
16	17	18 FAIRBOARD MEETING	19	20 TRACTOR SAFETY 6:30-8:30PM	21 4-H STARR RETREAT	22 4-H STARR RETREAT
23 4-H STARR RETREAT	24	25	26	27 TRACTOR SAFETY 6:30-8:30PM	28	29 STATE DAIRY BOWL
30						

**CORNELL COOPERATIVE EXTENSION
OF CORTLAND COUNTY
60 CENTRAL AVENUE, ROOM 140
CORTLAND, NY 13045**

Mail to:

2016-2017 SECRETARY REPORTS

(☺) - Secretary of the Month - (☹) - Secretary Reports Received (on/before the 7th Due Date) –
 (✓) - Secretary Reports Received (after the 7th Due Date) ♦ - New club (not active)

NAME OF 4-H CLUB	SECRETARY	OCT 2016	NOV 2016	DEC 2016	JAN 2017	FEB 2017	MAR 2017	APR 2017	MAY 2017	JUNE 2017	JULY 2017	AUG 2017	SEPT 2017
County Cackleberries 4-H Club													
Country Explorers	Rylee Thomas	☺	☹										
4-H Cincy Trailblazers	Mary Rose		☹										
Eastern Valley 4-H Club													
Friendly Acres 4-H Club		☹											
Happy Hoppers													
Heads Up Heels Down													
Marathon Maple Sugars 4-H Club		☹	☺										
New Penn Farms													
R Own 4-H Saddle Club	Megan Robison	☹											
Red Clovers 4-H Club													
River Valley 4-H Club													
Super Seekers													
4-H Teen Council													

Phone: 607-391-2660/Fax# 607-391-2680

email cortland@cornell.edu

Website: cortland.cce.cornell.edu

Cornell Cooperative extension is an employer and educator recognized for valuing AA/EEO. Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.